S. P. Mandali's Ramnarain Ruia Autonomous College

(Affiliated to University of Mumbai)



Syllabus for

Program: B.A.

Program Code: RUAPSY

(Credit Based Semester and Grading System for academic year 2020–2021)



PROGRAM OUTCOMES

РО	PO Description
	A student completing Bachelor's Degree in Arts program
	will be able to:
PO 1	Demonstrate understanding and skills of application of knowledge of
	historical and contemporary issues in the social and linguistic settings
	with a trans disciplinary perspective to make an informed judgement
PO 2	Analyse and evaluate theories of individual and social behaviour in the
	familiar contexts and extrapolate to unfamiliar contexts in order to
	resolve contemporary issues.
PO 3	Effectively and ethically use concepts, vocabularies, methods and
	modern technologies in human sciences to make meaningful
	contribution in creation of information and its effective dissemination
PO 4	Explore critical issues, ideas, phenomena and debates to define problems
F 0 4	or to formulate hypotheses; as well as analyze evidences to formulate an
	opinion, identify strategies, evaluate outcomes, draw conclusions and/or
	develop and implement solutions.
	develop and implement solutions.
PO 5	Demonstrate oral and written proficiency to analyse and synthesise
PO 5	information and apply a set of cognitive, affective, and behavioral skills
(0)	to work individually and with diverse groups to foster personal growth and better appreciate the diverse social world in which we live.
\mathcal{M}_{I}	and better appreciate the diverse social world in which we rive.
PO 6	Develop a clear understanding of social institutional structures, systems,
100	procedures, and policies existing across cultures, and interpret, compare
	and contrast ideas in diverse social- cultural contexts, to engage
	reasonably with diverse groups.
	reasonably with diverse groups.



PO 7	React thoughtfully with emotional and moral competence to forms of expressive direct action and apply social strategies toward eradicating threats to a democratic society and a healthy planet.
PO 8	Articulate and apply values, principles, and ideals to the current societal challenges by integrating management and leadership skills to enhance the quality of life in the civic community through actions that enrich individual lives and benefit the community.
PO 9	Recognize and appreciate the diversity of human experience and thought, and apply intellect and creativity to contemporary scenario, to promote individual growth by practicing lifelong learning.



PROGRAM SPECIFIC OUTCOMES

PSO	Description
	A student completing Bachelor's Degree in Arts program
	in the subject of Psychology will be able to:
PSO 1	Develop a knowledge base of different key concepts and theories in Psychology
PSO 2	Use scientific reasoning and critical thinking in interpreting different psychological phenomena
PSO 3	Develop an awareness of one's psychological processes, relate meaningfully with the psycho-social environment and facilitate personal growth.
PSO 4	Recognise, compare and apply the core domains of psychology.
PSO 5	Apply the understanding of theories and psychological terms to real life situations.
PSO 6	Employ innovative cognitive processes to understand the different psycho-social and environmental events and issues.
PSO 7	Develop a meaningful direction towards Psychology as a profession and introduce students to the world of work as a psychologist.
PSO 8	Understand, design, interpret and evaluate basic psychological researches in a scientific manner



PROGRAM OUTLINE

YEAR SEM COURSE COURSI			COURSE TITLE	CREDITS
FYBA	I	RUAPSY101	FUNDAMENTALS OF PSYCHOLOGY	3
	II	RUAPSY201	FUNDAMENTALS OF PSYCHOLOGY	3
SYBA	III	RUAPSY301	SOCIAL PSYCHOLOGY	3
		RUAPSY302	DEVELOPMENTAL PSYCHOLOGY	3
SYBA	IV	RUAPSY401	SOCIAL PSYCHOLOGY	3
		RUAPSY402	DEVELOPMENTAL PSYCHOLOGY	3
TYBA	V	RUAPSY501	PSYCHOLOGICAL TESTING AND STATISTICS	4
		RUAPSY502	ABNORMAL PSYCHOLOGY	4
		RUAPSY503	INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY	3.5
		RUAPSY504	COGNITIVE PSYCHOLOGY	4
		RUAPSY505	PRACTICALS IN COGNITIVE PROCESSES AND PSYCHOLOGICAL TESTING	4
		RUAPSY506	COUNSELING PSYCHOLOGY	3.5
TYBA	VI	RUAPSY601	PSYCHOLOGICAL TESTING AND STATISTICS	4
		RUAPSY602	ABNORMAL PSYCHOLOGY	4
		RUAPSY603	INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY	3.5
	5	RUAPSY604	COGNITIVE PSYCHOLOGY	4
•		RUAPSY605	PRACTICALS IN COGNITIVE PROCESSES AND PSYCHOLOGICAL TESTING	4
0		RUAPSY606	COUNSELING PSYCHOLOGY	3.5



Course Code: RUAPSY101

Course Title: FUNDAMENTALS OF PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

OCCINCE COIN	
COURSE	CO DESCRIPTION
OUTCOME	
CO 1	Develop an understanding of Psychology as a field with the
	different career options in Psychology
CO 2	To become familiar with the Biological aspects that influences
	behaviour.
CO 3	Facilitate an understanding of basic concepts of behaviour
	(Learning & Memory)
CO 4	Facilitate critical evaluation of the different theories related to
	Learning and Memory
CO 5	Initiate the development of critical evaluation and scientific
	analysis of behaviour.

COLIDGE	T T •.	TOPICS	
COURSE	Unit	Credits/	
CODE/UNIT		70.	
			Lectures
		\	
RUAPSY101	1/0.		3 Credits
.0		The science of Psychology	
		• 30	
		a) What is Psychology?	
		a) what is a sychology:	
O, V			
		b) Psychology then: History of Psychology,	
		Psychology now: Modern Perspectives	
	I		15
		c) Types of Psychological professionals,	
		Psychology: The Science, Ethics of	
		Psychological Research	
		Psychological Research	
		d) Critical thinking, Applying Psychology to	
		everyday life - using Critical thinking	
	II		15



			ı
		The Biological perspective	
		a) Neurons and nerves: Building the Network	
		b) The Central Nervous System, the Peripheral Nervous System	
		c) Inside the brain and structures of the brain	.0
		d)The chemical connection: the Endocrine glands, Applying Psychology – Differences between male and female brains	7/166
		Learning	
		a) Definition of Learning,b) Classical Conditioning,	
		c) Operant Conditioning	
	III	d) Cognitive Learning Theory	15
		e) Observational Learning	
		f) Applying Psychology – Behaviour modification of a developmentally challenged child	
		Memory	
	9/9	a) Memory: Encoding, Storage, Retrieval, Models of memory – LOP and PDP, the information-processing model – sensory, short- term and long-term memory	
691.	IV	b) Retrieval of Long-Term Memories, The reconstructive nature of Long-Term Memory Retrieval	15
		c) Forgetting	
		d) Memory and the brain – the physical aspects of memory, applying Psychology – Current research in Alzheimer's disease	



Book for Study

Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian subcontinent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

Books for Reference

- 1.Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- 2.Ciccarelli, S. K. & Meyer, G. E. (2006). Psychology. Pearson Education inc. and Dorling Kindersley Publishing inc. New Delhi; first Indian reprint 2007
- 3.Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways to Mind and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 200
- 4.Feldman, R. S. (2008). Understanding Psychology. (8th ed.). McGraw-Hill Publications, New York
- 5.Kalat, J. W. (2005). Introduction to Psychology. (7th ed.). Wadsworth- Thomson Learning Publications, Belmont, USA.
- 6.Lahey, B. B. (2007). Psychology: An Introduction. (9th ed.). McGraw-Hill Publications, New York
- 7.Passer, M. W., & Smith, R. E. (2007). Psychology: The Science of Mind and Behaviour. (3rd ed.) McGraw-Hill Publications, International edition, New York
- 8. Wade, C. & Tavris, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi
- 9. Wood, S.E., Wood, E. G., & Boyd, D. (2008). The world of Psychology. (6th ed.). Pearson Education inc., Allyn and Bacon
- 10.Zimbardo, P. G., Johnson, R. L., & Weber, A. N. (2008). Psychology: Core Concepts. (5th ed.). Pearson Education inc., Allyn and Bacon

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.



Sr. No.	Evaluation type	Marks
1	Assignment (Content 10 marks, Explanation 10 marks)	20
2	One class Test (Paper pencil test) a) MCQ (10 marks)	20
	b) Define the terms (10 marks)	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Examination)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question.

Questions	Options	Marks	Questions
			Based on
Q.1	Essay type (Internal choice)	15	Unit 1
Q.2	Essay type (Internal Choice)	15	Unit 2
Q.3	Essay type (Internal choice)	15	Unit 3
Q.4	Essay type (Internal choice)	15	Unit 4
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester I and II

Course	ourse 102			20	02		Grand
2011							Total
Ko.	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200



Course Code: RUAPSY201

Course Title: FUNDAMENTALS OF PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of concepts (Motivation, emotion, personality)
CO 2	Develop familiarity with the different researches related to basic behaviour.
CO 3	Facilitate critical evaluation of the different theories and perspectives related to basic behaviour.
CO 4	Develop the understanding of basic statistical processes and its importance in psychology
CO 5	Facilitate the application of theories to understanding the different basic behaviour experienced in daily life.

Course Code U	Unit	Topics	Credits/
59111			Lectures
RUAPSY201			3 Credits
	I	Cognition: Thinking, Intelligence a) How people think b) Intelligence c) Language	15



		d) Applying Psychology – Mental exercises for	
		better cognitive health	
		Motivation and emotion a) Approaches to understanding Motivation	
		b) Hunger	
	II	c) Emotion	15
		d) Applying Psychology – The how-to of happiness	1160
		An avaryian of theories of nerconality	2),
1		An overview of theories of personality	
		a) Sigmund Freud and Psychoanalysis, The Behaviorist view of Personality	
		b) The Social Cognitive view of Personality,	
		Humanism and Personality, trait Theories	
	III		15
		c) The biology of Personality: Behavioral	
		Genetics, Assessment of Personality	
		d) Applying Psychology – Personality testing on	
		the internet	
		011,	
	• 5	Statistics in Psychology	
		a) Why do psychologists use statistics?	
4	1.0	Descriptive Statistics – Frequency distributions,	
	9)	the Normal curve, other distribution types, skewed	
1/2		distributions	
09/1	IV	b) Measures of central tendency – mean, median, mode,	15
		c) Measures of variability – range and SD; z scores	
		d) Inferential Statistics – statistical significance, the correlation coefficient	



Book for Study:

Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian subcontinent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

Books for Reference:

- 1.Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- 2.Ciccarelli, S. K. & Meyer, G. E. (2006). Psychology. Pearson Education inc. and Dorling Kindersley Publishing inc. New Delhi; first Indian reprint 2007
- 3.Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways to Mind and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 200
- 4.Feldman, R. S. (2008). Understanding Psychology. (8th ed.). McGraw-Hill Publications, New York
- 5.Kalat, J. W. (2005). Introduction to Psychology. (7th ed.). Wadsworth- Thomson Learning Publications, Belmont, USA.
- 6.Lahey, B. B. (2007). Psychology: An Introduction. (9th ed.). McGraw-Hill Publications, New York
- 7.Passer, M. W., & Smith, R. E. (2007). Psychology: The Science of Mind and Behaviour. (3rd ed.) McGraw-Hill Publications, International edition, New York
- 8. Wade, C. & Tavris, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi
- 9. Wood, S.E., Wood, E. G., & Boyd, D. (2008). The world of Psychology. (6th ed.). Pearson Education inc., Allyn and Bacon
- 10.Zimbardo, P. G., Johnson, R. L., & Weber, A. N. (2008). Psychology: Core Concepts. (5th ed.). Pearson Education inc., Allyn and Bacon

Theory Examination Pattern:

B) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	Assignment (Content 10 marks, Explanation 10 marks)	20



2	One class Test (Paper pencil test)	20
	a) MCQ (10 marks)	
	b) Define the terms (10 marks)	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Examination)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question.

Questions	Options	Marks	Questions
		0,,	Based on
Q.1	Essay type (Internal choice)	15	Unit 1
Q.2	Essay type (Internal Choice)	15	Unit 2
Q.3	Essay type (Internal choice)	15	Unit 3
Q.4	Essay type (Internal choice)	15	Unit 4
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester I and II

Course	102			202			Grand
	21.0,						Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY301

Course Title: SOCIAL PSYCHOLOGY



Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the field of Social Psychology and its importance.
CO 2	Facilitate an understanding of basic concepts in Social Psychology (Attitudes, Social Cognition and Social perception) and the processes involved in them.
CO 3	Develop the critical evaluation of theories related to basic social behaviour processes
CO 4	Develop scientific approach towards the understanding of social processes.
CO 5	Foster social values so as to enhance their social and environmental adjustment.

Course Code	Unit	Topics	Credits/
		PIN	Lectures
RUAPSY301	100		3
			CREDITS
RUAPSY302	I	unit 1: The Field of Social Psychology a) Social Psychology: what it is and what it does, Social Psychology: its cutting edge b) A brief look at history: the origins and early development of Social Psychology c) Research as the route to increased knowledge, The role of theory in Social Psychology	10



		d) The Quest for Knowledge and Rights of Individuals: Seeking an Appropriate Balance	
		Unit 2: Social Cognition	.0
		a) Schemas: Mental Frameworks for Organising and Using Social Information	160
	-	b) Heuristics: How We Reduce Our Effort in Social Cognition),
	II	c) Automatic and controlled processing: two basic modes of social thought, Potential Sources of Error	10
		in Social Cognition d) Affact and Cognition, how feelings shops	
		d) Affect and Cognition: how feelings shape thought and thought shapes feelings	
		Unit 3: Social Perception	
	18	a) Nonverbal Communication: The unspoken Language of Expressions,	
M	III	b) Gazes and Gesturesc) Attribution: Understanding the Causes of Others' Behaviour	12
691.		d) Impression Formation and Impression Management	
	IV	Unit 4: Attitudes	13



a) Attitude Formation: How Attitudes Develop
b) When and why do Attitudes Influence
Behaviour?
c) How do attitudes guide behaviour?
d) The Fine Art of Persuasion: how Attitudes are
changed
e) Resisting Persuasion attempts
f) Cognitive Dissonance: What it is and how we
manage it?

Book for Study:

Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2008). Social Psychology. (12th ed.). New Delhi: Pearson Education, Indian subcontinent adaptation 2009

Books for Reference:

- 1. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). Social Psychology. (6th edi.), New Jersey: Pearson Education prentice Hall
- 2. Baumeister, R. F., & Bushman, B. J. (2008). Social Psychology and Human Nature. International student edition, Thomson Wadsworth USA
- 3. Delamater, J. D., & Myers, D. J. (2007). Social Psychology. (6th edi.), Thomson Wadsworth International student edition, USA
- 4. Franzoi, S. L. (2003). Social Psychology. (3rd ed.). New York McGraw Hill co.
- 5. Kenrick, D. T., Newberg, S. L., &Cialdini, R. B. (2007). Social Psychology: Goals in Interaction. (4th edi.). Pearson Education Allyn and Bacon, Boston
- 6. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology.(12th edi.). New Delhi: Pearson Education

MODALITY OF ASSESSMENT

Theory Examination Pattern:



Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	One Presentation (Content 5 marks, Explanation 5 marks,	20
	Question Answer 5 marks, Overall Impression 5 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	90
	a) Explain the Terms (any 5 out of 8)	180
	b) Short Notes (any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question

Questions	Options	Marks	Questions no.
Q.1	Essay type/Short notes 2 out of	15	Unit I
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
Q.2	Essay type/Short notes 2 out of	15	Unit II
	3/Explain the terms any 3 out of 5		



	(with Internal Choice)		
Q.3	Essay type/Short notes 2 out of	15	Unit III
	3/Explain the terms any 3 out of 5		
	(with Internal Choice)		
Q.4	Essay type/Short notes 2 out of	15	Unit IV
	3/Explain the terms any 3 out of 5		-06
	(with Internal choice)		1160
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester III and IV

Course	3	01		4	01		Grand
				7			Total
	Internal	External	Total	Internal	External	Total	
			5				
		Ho.					
	4.0						
~ ((0)						
Theory	40	60	100	40	60	100	200
		Ü				200	

Course Code: RUAPSY302

Course Title: DEVELOPMENTAL PSYCHOLOGY

Academic year 2020-21



COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION				
CO 1	Develop awareness about the field of Developmental Psychology and different theoretical approaches in this field.				
CO 2	Facilitate an awareness of the developmental changes during Neonatal and Infancy state				
CO 3	Develop a scientific approach towards the understanding of different developmental changes				
CO 4	Facilitate an understanding of the Theoretical perspectives involved in developmental psychology and critically evaluate the same				

	1		
Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY302		77.0	3 Credits
6944	I	 Introduction – Beginnings a) New Conceptions; An Orientation to Lifespan Development, b) Key Issues and Questions: Determining the Nature and Nurture of Lifespan Development c) Theoretical Perspectives on Lifespan Development Research Methods 	10
	II	The Start of Life; Birth and the Newborn Infant a) The Future Is Now; Earliest Development	10
		b) The Interaction of Heredity and Environment	



		T
	c) Prenatal Growth and Change	
	d) A 22-Ounce Miracle; Birth and Birth	
	Complications; Pre-term infants and the	
	competent newborn	
		60
	Physical Development in Infancy	1000
	a) First Steps; Growth and Stability	11160
	b) Brain development	
III	c) Motor Development	12
	d) The Development of the Senses	
	Cognitive Development in Infancy	
	a) Piaget's Approach to Cognitive Development	
	b) Information Processing Approaches to	
IV	Cognitive Development	13
	c) The Roots of Language	
	00.	

Book for study:

Feldman, R. S. (2009). Discovering the Life Span. Pearson Prentice Hall, Indian reprint

Books for reference:

- 1. Berk, L. E. (2006). Child Development.(7th Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 2. Berk, L. E. (2004). Development through the lifespan.(3rd Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 3. Cook, J. L., & Cook, G. (2009). Child Development: Principles and Perspectives. Boston: Pearson Education



- 4. Crandell, T. L., Crandell, C. H., &Zanden, J. W. V. (2009). Human Development. (9th Ed). New York: McGraw Hill co. Inc.
- 5. Dacey, J. S. & Travers, J. F. (2004). Human Development across the lifespan. (5th Ed). McGraw Hill co.
- 6. Kail, R. V. (2007). Children and their Development.(4th Ed). New Jersey: Pearson Education Inc.
- 7. McDevitt, T. M., &Omrod, J. E. (2007). Child Development and Education.(3rd Ed). New Jersey: Pearson Education Inc.
- 8. Papalia, D. E., Olds, S. W., & Feldman, R. (2004). Human Development.(9th Ed). McGraw Hill, international Edition
- 9. Shaffer, D. R., &Kipp, K. (2007). Developmental Psychology: Childhood and Adolescence.(7th Ed). Thomson Learning, Indian reprint 2007

Important Note - In view of today's increased multiculturalism, socio-cultural dimensions of all units should be taught and discussed with respect to relevance/ applications/ implications in the Indian context.

MODALITY OF ASSESSMENT

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	One Presentation (Content 5 marks, Explanation 5 marks, Question Answer 5 marks, Overall Impression 5 marks)	20
2	One class Test (Either paper pencil test or Online MCQ test) OPTION A Paper pencil Test	20



a) Explain the Terms (any 5 out of 8)b) Short Notes)any 1 out of 2)	
OR	
OPTION B Online MCQ type test	
True or false	90
Fill in the blanks with options	160
Match the pairs	
Answer in one word	
TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question

Questions	Options	Marks	Questions no.
Q.1	Essay type/Short notes 2 out of	15	Unit I
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
Q.2	Essay type/Short notes 2 out of	15	Unit II
\mathcal{A}_{II}	3/Explain the terms any 3 out of 5		
69,	(with Internal Choice)		
Q.3	Essay type/Short notes 2 out of	15	Unit III
	3/Explain the terms any 3 out of 5		
	(with Internal Choice)		
Q.4	Essay type/Short notes 2 out of	15	Unit IV
	3/Explain the terms any 3 out of 5		



(with Internal choice)		
TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester III and IV

Course	302			402			Grand
							Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY401

Course Title: SOCIAL PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE	CO DESCRIPTION
OUTCOME	<i>(</i>),
CO 1	Develop an understanding of the social behaviours
00///	(Prejudices, Discrimination, Group Behaviour)
CO 2	Facilitate a scientific view towards the different social
	behaviour through theoretical perspectives explaining the social behaviour.
CO 3	Develop an awareness of different major problems and issues
	in society like aggression, prejudices, discrimination
CO 4	Foster development of social skills so as to enable effective adjustment to social groups.



CO5	Develop research skills to analyse and interpret social
	situations effectively.

Course Code	Unit	Topics	Credits/
			Lectures
			.0
RUAPSY302			3 Credits
		Unit 1: Stereotyping, Prejudice and	11070
		Discrimination	
		a) How members of different groups perceive	
		inequality	
	I	b) The Nature and Origins of Stereotyping	10
	1	c) Prejudice and Discrimination: feelings and	10
		actions toward Social groups	
		c) Why Prejudice Is <i>Not</i> Inevitable: Techniques	
		for Countering Its Effects	
		Unit 2: Social Influence	
	3	a) Conformity: Group Influence in Action	
	9,	b) Compliance: To Ask – Sometimes - Is to	
m		Receive	
09,	II	c) Symbolic social influence: how we are	10
		influenced by others even when they are not	
		there	
		d) Obedience to Authority	
	III	Unit 3: Aggression	12



	 a) Perspectives on Aggression: In Search of the Roots of Violence b) Causes of Human Aggression: Social, Cultural, Personal, and Situational c) Aggression in Long-term Relationships: 	~ Q
	Bullying and Aggression at Work d) The Prevention and Control of Violence: Some Useful Techniques	0/16%
IV	Unit 4: Groups and Individuals a) Groups: When we join and when we leave b) The benefits of joining: what groups do for us c) Effects of the presence of others: from task performance to behaviour in crowds d) Social Loafing: letting others do the work e) Coordination in Groups: Cooperation or Conflict? f) Perceived Fairness in Groups: Its nature and effects g) Decision Making by Groups: How it occurs and the pitfalls it faces	13

Book for Study:



Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2008). Social Psychology. (12th ed.). New Delhi: Pearson Education, Indian subcontinent adaptation 2009

Books for Reference:

- 1. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). Social Psychology. (6th edi.), New Jersey: Pearson Education prentice Hall
- 2. Baumeister, R. F., & Bushman, B. J. (2008). Social Psychology and Human Nature. International student edition, Thomson Wadsworth USA
- 3. Delamater, J. D., & Myers, D. J. (2007). Social Psychology. (6th edi.), Thomson Wadsworth International student edition, USA
- 4. Franzoi, S. L. (2003). Social Psychology. (3rd ed.). New York McGraw Hill co.
- 5. Kenrick, D. T., Newberg, S. L., &Cialdini, R. B. (2007). Social Psychology: Goals in Interaction. (4th edi.). Pearson Education Allyn and Bacon, Boston
- 6. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology.(12th edi.). New Delhi: Pearson Education

MODALITY OF ASSESSMENT

Theory Examination Pattern:

Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type					
1	One Presentation (Content 5 marks, Explanation 5 marks, Question Answer 5 marks, Overall Impression 5 marks)	20				
2	One class Test (Either paper pencil test or Online MCQ test)	20				
59,	OPTION A Paper pencil Test					
	a) Explain the Terms (any 5 out of 8)					
	b) Short Notes (any 1 out of 2)					
	OR					
	OPTION B Online MCQ type test					



True or false	
Fill in the blanks with options	
Match the pairs	
Answer in one word	
TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- Duration These examinations shall be of 2 hours duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question

Questions	Options	Marks	Questions no.
Q.1	Essay type/Short notes 2 out of	15	Unit I
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
Q.2	Essay type/Short notes 2 out of	15	Unit II
	3/Explain the terms any 3 out of 5		
	(with Internal Choice)		
Q.3	Essay type/Short notes 2 out of	15	Unit III
di	3/Explain the terms any 3 out of 5		
	(with Internal Choice)		
Q.4	Essay type/Short notes 2 out of	15	Unit IV
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
	TOTAL	60	

Overall Examination and Marks Distribution Pattern



Semester III and IV

Course	301			401			Grand
							Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200





Course Code: RUAPSY402

Course Title: DEVELOPMENTAL PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE	CO DESCRIPTION
OUTCOME	11000
CO 1	Develop an understanding of different developmental changes in Infancy and Childhood stages of development.
CO 2	Facilitate Critical evaluation of the theoretical perspectives put forth to explain the developmental changes during Infancy and Childhood stage.
CO 3	Develop a scientific inquiry into the developmental changes during infancy and Childhood stage.
CO 4	Facilitate an understanding of the research methodology used in developmental psychology.

Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY402	18		3 Credits
69111	I	Physical, Social and Personality Development in the Preschool Years a) Physical Development - the Growing Body; the Growing Brain; Motor Development b) Social and Personality Development - Feeling His Mother's Pain; Forming a Sense of Self; Friends and Family: Pre-schoolers'	10



		Aggression	
		Cognitive Development in Pre-school years a) Piaget's Approach	
	II	b) Information Processing and Vygotsky's Approach to Cognitive Development	10
		c) The Growth of Language and Learning	201.
	III	Physical, Social and Personality Development in Middle Childhood a) Physical Development - the Growing Body; Motor Development and Safety; Children with Special Needs b) Play Time; The Developing Self c) Relationships: Building Friendship in Middle Childhood d) Family Life in Middle Childhood	12
40.	IV	Cognitive Development in Middle Childhood a) Cognitive Development - Intellectual and Language Development b) Schooling: The Three Rs (and More) of Middle Childhood	13



Book for study:

Feldman, R. S. (2009). Discovering the Life Span. Pearson Prentice Hall, Indian reprint

Books for reference:

- 1. Berk, L. E. (2006). Child Development.(7th Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 2. Berk, L. E. (2004). Development through the lifespan.(3rd Ed). New Delhi: Pearson Education Dorling Kindersley (India) pvt ltd.
- 3. Cook, J. L., & Cook, G. (2009). Child Development: Principles and Perspectives. Boston: Pearson Education
- 4. Crandell, T. L., Crandell, C. H., &Zanden, J. W. V. (2009). Human Development. (9th Ed). New York: McGraw Hill co. Inc.
- 5. Dacey, J. S. & Travers, J. F. (2004). Human Development across the lifespan. (5th Ed). McGraw Hill co.
- 6. Kail, R. V. (2007). Children and their Development.(4th Ed). New Jersey: Pearson Education Inc.
- 7. McDevitt, T. M., &Omrod, J. E. (2007). Child Development and Education.(3rd Ed). New Jersey: Pearson Education Inc.
- 8. Papalia, D. E., Olds, S. W., & Feldman, R. (2004). Human Development.(9th Ed). McGraw Hill, international Edition
- 9. Shaffer, D. R., &Kipp, K. (2007). Developmental Psychology: Childhood and Adolescence.(7th Ed). Thomson Learning, Indian reprint 2007

Important Note - In view of today's increased multiculturalism, socio-cultural dimensions of



all units should be taught and discussed with respect to relevance/ applications/ implications in the Indian context.

MODALITY OF ASSESSMENT

Theory Examination Pattern:

B) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	One Presentation (Content 5 marks, Explanation 5 marks, Question Answer 5 marks, Overall Impression 5 marks)	20
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	
	a) Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
~		
181	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question



Questions	Options	Marks	Questions no.
Q.1	Essay type/Short notes 2 out of	15	Unit I
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
Q.2	Essay type/Short notes 2 out of	15	Unit II
	3/Explain the terms any 3 out of 5		90
	(with Internal Choice)		0.9/1
Q.3	Essay type/Short notes 2 out of	15	Unit III
	3/Explain the terms any 3 out of 5	(2
	(with Internal Choice))
Q.4	Essay type/Short notes 2 out of	15	Unit IV
	3/Explain the terms any 3 out of 5		
	(with Internal choice)		
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

SEMESTER III & IV

Course	3	02		4	02		Grand
5	9/2						Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY501

Course Title: PSYCHOLOGICAL TESTING AND STATISTICS

Academic year 2020-21



COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the concept of testing and the different aspects of psychological tests.
CO 2	Facilitate an understanding of the different characteristics of psychological tests.
CO 3	Facilitate the analysis of different types of reliabilities and validity and its importance in Psychological testing
CO 4	Foster the understanding of values of ethical practices while conducting and interpreting psychological tests
CO 5	Develop the skill to undertake basic statistical analysis in the context of behaviour.

Course Code	Unit	Topic	Credits/
			Lectures
RUAPSY501		18	4 Credits
		 Psychological Testing and Assessment and Norms a) Definition of testing, process and tools of assessment. b) Psychological issues in ability testing and Various assumptions about Psychological Testing and Assessment. c) Norms, Concerns of the profession & The four rights of test-takers. 	15
	П	Reliability a) The concept of Reliability; sources of error variance	15



	b) Reliability estimates: Test-Retest, Parallel and	
	Alternate Forms, Split-Half, Inter-Item	
	Consistency - Kuder-Richardson, Cronbach's	
	Coefficient Alpha; Inter-Scorer Reliability	
	c) Using and interpreting a coefficient of	
	Reliability - purpose of the Reliability	
	coefficient, nature of the test, true score model	40
	of measurement and alternatives to it	00
	Validity	
III	a) The concept of validity; Face validity	15
	b) Types of validity- Content validity Criterion-	
	related validity and Construct validity	
	c) Validity, bias, and fairness	
	Measures of central tendency and Correlation	
	a) Mean, median and mode and Comparison ,uses	
	merits and limitations of measures of central	
	tendency	
	b) Meaning and types of correlation - positive,	
	negative and zero; Graphic representations	
IV	of correlation - Scatterplots, Uses and	15
	limitations of correlation coefficient. Simple	
	Regression and Multiple Regressions.	
1/0.	c) The Steps involved in the calculation of	
	Spearman rho and calculation of Pearson r	
69,		

Book for study:

Newest edition:

Cohen, J. R., & Swerdlik, M. E., (2018). *Psychological Testing and Assessment: An introduction to Tests and Measurement.* (9th ed.). New York. McGraw-Hill International edition. (<u>Indian reprint 2018</u>



Cohen, J. R., Swerdlik, M. E., &Sturman, E. D. (2013). *Psychological Testing and Assessment: An introduction to Tests and Measurement*. (8thed.). New York. McGraw-HillInternational edition. (<u>Indian reprint 2015</u>)

Books for reference:

- 1. Aiken, L. R., &Groth-Marnat, G. (2006). *Psychological Testing and Assessment*. (12thed.). Pearson. Indian reprint 2009, by Dorling Kindersley, New Delhi
- 2. Anastasi, A. & Urbina, S. (1997). *Psychological Testing*. (7thed.). Pearson Education, Indian reprint 2002
- 3. Aaron, A., Aaron, E. N., & Coups, E. J. (2006). *Statistics for Psychology*. (4thed.). Pearson Education, Indian reprint 2007
- 4. Cohen, J. R., Swerdlik, M. E., & Kumthekar, M. M. (2014). *Psychological Testing and Assessment: An introduction to Tests and Measurement*. (7thed.). New Delhi: McGraw-Hill Education (India) Pvt Ltd., Indian adaptation
- 5. Cooper, C. (2019). Psychological Testing: Theory and Practice. New York: Routledge
- 6. Gregory, R. J. (2013). Psychological Testing: History, Principles, and Applications. (6thed.).
- 7. Pearson Indian reprint 2014, by Dorling Kindersley India pvt ltd, New Delhi
- 8. Hoffman, E. (2002). Psychological Testing at Work. New Delhi: Tata McGraw-Hill
- 9. Hogan, T. P. (2015). *Psychological Testing: A Practical introduction*. (3rded.). John Wiley & Sons, New Jersey
- 10. Hollis-Sawyer, L.A., Thornton, G. C. III, Hurd, B., & Condon, M.E. (2009). *Exercises in Psychological Testing*. (2nded.). Boston: Pearson Education
- 11. Kaplan, R. M., &Saccuzzo, D. P. (2005). *Psychological Testing–Principles, Applications and Issues*. (6thed.). Wadsworth Thomson Learning, Indian reprint 2007
- 12. Kline, T.J.B. (2005). *Psychological Testing: A Practical approach to design and evaluation*. New Delhi: Vistaar (Sage) publications
- 13. Mangal, S.K. (1987). *Statistics in Psychology and Education*. New Delhi: Tata McGraw Hill Publishing Company Ltd.



- 14. McBurney, D.H. (2001). Research Methods. (5thed.). Bangalore: Thomson Learning India
- 15. Miller, L.A., Lovler, R. L., & McIntire, S.A., (2019). *Foundations of Psychological Testing: A practical approach.* (4thed.). Sage publications
- 16. Minium, E. W., King, B. M., & Bear, G. (2001). *Statistical Reasoning in Psychology and Education*. *Singapore*: John-Wiley
- 17. Urbina, S. (2014). Essentials of Psychological Testing. (2nded.). John Wiley & Sons

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	One Presentation (Content 5 marks, Explanation 5 marks, Question Answer 5 marks, Overall Impression 5 marks)	20
	One class Test (Either paper pencil test or Online MCQ test) OPTION A Paper pencil Test a) Explain the Terms (any 5 out of 8) b) Short Notes)any 1 out of 2) OR OPTION B Online MCQ type test True or false Fill in the blanks with options Match the pairs	20
	Answer in one word TOTAL	40



B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question

Questions	Options	Marks	Questions no.
Q1)	Essay type (No Internal choice)	15	From any One
Q2)	Essay type (No Internal Choice)	15	of the Unit
Q3)	Short notes (Any 3 out of 5)	15	I,II,III
Q4 A)	Calculation of statistics	15	Unit IV
Q4 B)	Explain the Terms	700	
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	501			6	01		Grand
	10/20					Total	
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY502

Course Title: ABNORMAL PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:



COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of 'abnormal behaviour' and the different perspectives of abnormality
CO 2	Develop a scientific and comprehensive perspective towards abnormality and enhance critical evaluation of those perspectives
CO 3	Facilitate an understanding of the nature, factors and treatment of Anxiety disorders, Dissociative and Somatic Symptoms disorders
CO 4	Develop the competence in critically evaluating the different theories and interventions for Anxiety, Dissociative and Somatic Symptoms disorders.
CO 5	Introduce students to the field of Clinical Psychology

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits/ Lectures
			Lectures
RUAPSY502			4
			Credits
69/1	I	Understanding Abnormal behavior, Diagnosis, Treatment and Assessment a) What is Abnormal Behavior? The social impact of psychological disorders; defining abnormality; biological, psychological, sociocultural causes of abnormal behavior, the biopsychosocial perspective; prominent themes in abnormal psychology throughout history - spiritual, humanitarian and scientific approaches b) The Diagnostic and Statistical Manual of Mental Disorders, How the DSM Developed, controversial Issues Pertaining to the DSM, The Diagnostic and Statistical Manual (DSM-5), what 's new in the DSM-5 - definition of a mental disorder c) Characteristics of psychological assessment; Clinical Interview and Mental	15



		Status Examination; Behavioral, Multicultural, Neuropsychological Assessment; Neuroimaging	
	II	a) Theoretical perspectives in Abnormal Psychology; Biological perspective, Trait theory, Psychodynamic, b) Behavioral perspectives, Cognitive perspectives c) Humanistic, Sociocultural perspectives; Biopsychosocial perspectives on theories and treatments: an integrative approach	15
	III	Anxiety, Obsessive-compulsive, and Trauma- and Stressor-related Disorders a) Anxiety disorders b) Obsessive-compulsive and related disorders c) Trauma- and Stressor-related Disorders; the biopsychosocial perspective	15
69/1/	IV	a) Dissociative disorders - major forms, theories and treatment b) Somatic symptom and related disorders - somatic symptom disorder, illness anxiety and conversion disorders, conditions related to Somatic Symptom Disorders, theories and treatment c) Psychological factors affecting medical condition; Dissociative and Somatic Symptom Disorders: the biopsychosocial perspective	15



1

Book for study:

Whitbourne, S. K., & Halgin, R. P. (2015). *Abnormal Psychology: Clinical Perspectives on Psychological Disorders*. (6th and 7thed.). McGraw-Hill (Indian reprint 2015)

Books for Reference:

- 1. Sadock, B. J., Sadock V. A. & Ruiz P. (2014). *Kalpan & Sadock's Synopsis of Psychiatry*. (11th ed.). Walter's Kluwer
- 2. Nevid JS & Rathus SA & Greene B (2018) Abnormal Psychology In Changing World, Pearson India
- 3. Butcher, Hooley & Mineka (2019) Abnormal Psychology (17th Edition) Pearson India
- 4. Barlow, D.H., & Durand, V.M. (2005). *Abnormal Psychology: An Integrative Approach*.(4th ed.). New Delhi: Wadsworth Cengage Learning
- 5. Beidel, D. C., Bulik, C. M., & Stanley, M.A. (2010). *Abnormal Psychology*. New Jersey: Pearson Prentice Hall
- 6. Bennet, P. (2003). Abnormal and Clinical Psychology: An Introductory Textbook. Open University Press
- 7. Butcher, J. N., Hooley, J. M., & Mineka, S., (2014). *Abnormal Psychology*. (16thed.). Pearson education
- 8. Dhanda, Amita. (2000). *Legal Order and Mental Disorder*. New Delhi, Sage publications pvt ltd
- 9. Hecker, J.E., & Thorpe, G.L. (2005). *Introduction to clinical Psychology: Science, practice, and ethics*. New Delhi, Pearson education, Indian reprint 2007
- 10. Kring, A.M., Johnson, S. L., Davison, G.C., & Neale, J.M. (2013). *AbnormalPsychology*. (12thed.). International student version, John Wiley & Sons, Singapore
- 11. Nolen-Hoeksema, S. (2014). Abnormal Psychology. (6thed.). New York: McGraw-Hill.



- 12. Oltmanns, T. F., & Emery, R. E. (2010). *Abnormal Psychology*. 6th ed., New Jersey: Pearson Prentice Hall
- 13. Ray, W.J. (2013). Abnormal Psychology: neuroscience perspectives on human behaviour and experience. Sage Publications, USA
- 14. Ray WJ. Adapted by Sovani A. (2018) *Abnormal Psychology- Neuroscience Perspectives on Human Behavior and Experience*, Sage Publication

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	Presentation (Content 3 marks, Explanation 3 marks, Question	10
	Answer 2 marks, Overall Impression 2 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	
	a)Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
100	Match the pairs	
50,	Answer in one word	
3	Assignment	10
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

❖ Duration - These examinations shall be of **2 hours** duration.



❖ Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question.

Questions	Options	Marks	Questions no.
Q.1 A	Essay Type Question (No Internal Choice)	12	From any One
Q.1 B	Application or Analyzing based Question	03	of the Unit 1, 2,
	(No Internal Choice)		3
Q.2 A	Essay Type Question (No Internal Choice)	12	40
Q.2 B	Application or Analyzing based Question	03	.1000
	(No Internal Choice)	_	
Q.3	Short notes (Any 3 out of 5)	15	$O_{I_{i}}$
		N	
Q.4	Explain the terms (Any 5 out of 8)	15	Unit 4
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	502			6	02		Grand
							Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY503

Course Title: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

Academic year 2020-21



COURSE OUTCOMES:

COURSE	CO DESCRIPTION
CO 1	Develop an orientation to the field of Industrial and organizational psychology
CO 2	Facilitate an understanding of basic functions performed by Industrial and Organizational Psychologists (Job analysis,
CO 3	Performance Appraisal, Training)
CO 4	Foster critical analysis of the present trends in Job analysis, Performance appraisal and training.
CO 5	Develop an understanding of research methods used in Industrial and organizational Psychology.

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY503			3.5 Credits
	I	 Job Analysis a. What is job analysis? Purposes of job analysis; How job analysis information is collected b. Methods of job analysis c. Reliability and validity of job analysis information; Job evaluation 	10
69/1	II	a. Why do we appraise employees? Performance criteria b. Objective and subjective methods for assessing job performance; c. The impact of technology on performance appraisal; legal issues in performance appraisal	10



	Assessment Methods for Selection and Placement, and	
	Selecting Employees	
III	 a. Job-Related characteristics b. Characteristics of psychological tests; various types of tests; c. Biographical information, interviews, work samples, assessment centres; electronic assessment 	10
IV	Training and Research Methods in Industrial/ Organizational Psychology a. Needs assessment, objectives, Training design, Delivery and evaluation of a training program b. Important Research design concepts, Research Designs, Measurement, Statistics c. Ethics of Research	15
	<i>'XO'</i>	

Book for study:

Spector, P. E. (2016). Industrial and Organizational Psychology: Research and Practice. Singapore: John Wiley & Sons Pvt. Ltd.

Books for reference:

- 1. Schneider C (2019) Organizational Psychology Understanding the Workplace
- 2. Pattinson G. (2019) Industrial and Organizational Psychology, Willford Press
- 3. Aamodt, M.G. (2004). *Applied Industrial/Organizational Psychology*. (4thed). Wadsworth/ Thomson Learning



- 4. Aswathappa, K. (2005). *Human Resource and Personnel Management–Text and Cases*, 4thed, New Delhi, Tata McGraw-Hill Publishing Co. Ltd.
- 5. Dessler, G., & Verkkey, B. (2009). *Human Resource Management*. 11th ed., Pearson Education, Dorling Kindersley India, New Delhi
- 6. French, W.L., Bell, C.H. Jr, &Vohra, V. (2006). *Organization Development: Behavioural science interventions for organization improvement*. 6thed., Pearson Education, Dorling Kindersley India, New Delhi
- 7. Greer, C.R. (2001). *Strategic Human Resource Management; A general managerial approach*. 2nded., Pearson Education, 6thIndian reprint 2004
- 8. Hellriegel,D., & Slocum, J.W. (2004). *Organizational Behavior*.(10th ed.). South Western/Thomson Learning
- 9. Hersey, P., Blanchard, K. H., & Johnson, D. E. (2001). *Management of Organisational Behaviour*. 8thed., Pearson, Dorling Kindersley India, New Delhi. 3rdIndian reprint 2009
- 10. Hoyer, W.D., MacInnis, D.J., & Dasgupta, P. (2008). *Consumer Behaviour*. Biztantra, New Delhi
- 11. Jones, G.R., & Mathew, M. (2009). *Organisational theory, design, and change*. 5th ed., Pearson Education, Dorling Kindersley India, New Delhi
- 12. Landy, F. J., & Conte, J. M. (2013). Work In The 21stCentury: An Introduction to Industrial and Organizational Psychology, 4thEdition, John Wiley & sons, USA (Indian reprint 2015)



- 13. Luthans, F. (2005). Organizational Behavior. (10thed.). McGraw Hill.
- 14. Matthewman, L., Rose, A., & Hetherington, A. (2009). Work Psychology: Anintroduction to Human Behaviour in workplace. Oxford university press
- 15. McKenna, E. (2006). *Business Psychology and Organisational Behaviour: A student's handbook.* 4thed., Psychology Press, 1stIndian reprint 2009
- 16. Miner, J.B. (2002). *Organisational Behaviour: Foundations, theories, analyses*. New York: Oxford university press
- 17. Muchinsky, P.M. (2003). *Psychology Applied to Work*.(7th ed.). Wadsworth/ Thomson Learning
- 18. Newstrom, J.W., & Davis, K. (2002). *Organizational Behavior: Human Behavior at work* (11thed.). Tata McGraw-Hill
- 19. Pareek, U. (2003). *Training Instruments in HRD and OD* (2nd ed.), Tata McGraw-Hill Publishing Company, Mumbai
- 20. Pareek, U., Rao, T.V., Pestonjee, D.M. (1981). *Behavior Process in Organizations: Readings, Cases, Instruments*. Oxford and IBH Publishing Co., New Delhi
- 21. Pareek, U. (2008). *Understanding Organizational Behaviour*. Oxford University Press, New Delhi



- 22. Sanghi, S. (2007). Towards personal excellence: psychometric tests and self-improvement techniques for managers. 2nded., Response books, Sage publications
- 23. Schultz, D., & Schultz, S. E. (2002). *Psychology and Work Today*. (8thed.). Pearson Indian reprint 2008, by Dorling Kindersley India pvt ltd, New Delhi
- 24. Sekaran, U., (2004). *Organisational Behaviour: Text And Cases*. (2nd ed.). New Delhi: Tata McGraw-Hill
- 25. Shani, A. B., & Lau, J.B., (2005). *Behavior in Organizations: An Experiential Approach*. (8th ed.). McGraw Hill
- 26. Schultz, D., & Schultz, S. E. (2010). *Psychology and Work Today*.(10th ed.). Pearson Prentice Hall
- 27. Steptoe-Warren, G. (2014). *Occupational Psychology: An Applied Approach*. New Delhi: Dorling Kindersley (India) Pvt. Ltd.
- 28. Singh, D. (2006). *Emotional intelligence at work: A professional guide*. 3rd ed., New Delhi, Sage publications
- 29. Sinha, J. B. P. (2008). Culture and Organisational Behaviour. New Delhi, Sage publications.

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.



Sr. No.	Evaluation type	Marks
1	Presentation (Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	
	a)Explain the Terms (any 5 out of 8)	90
	b) Short Notes)any 1 out of 2)	6.0
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern:

There shall be 4 questions each of 15 marks. On each unit there will be one question.

Questions	Options	Marks	Questions no.
Q.1	Essay type (No Internal choice)	15	From any one
Q.2	Essay type (No Internal choice)	15	of the Unit 1, 2,
Q.3	Short notes (Any 3 out of 5)	15	3
Q.4	Explain the terms (Any 5 out of 8)	15	Unit 4
	TOTAL	60	



Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	503			6	03		Grand
							Total
	Internal	External	Total	Internal	External	Total	0
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY504

Course Title: COGNITIVE PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE	CO DESCRIPTION
OUTCOME	0.0,
CO 1	Develop a deeper understanding of the cognitive processes- attention, perception and memory.
CO 2	Facilitate the understanding and analysis of theories put forth
5	to explain different aspects of cognitive processes.
CO 3	Develop the ability to analyse and synthesize the researches
	related to the cognitive processes.
CO 4	Develop the understanding of different techniques used to
	understand the cognitive processes
CO 5	Facilitate the ability to reflect on the ways in which cognitive
	processes may be influenced and enhanced.

DETAILED SYLLABUS



Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY504			4 Credits
RUAPSY504	I	Perception: Recognizing Patterns and Objects a) Gestalt approaches to perception b) Bottom-up processes and Top-down processes c) Direct perception; Disruptions of perception: visual agnosias d)	15
	II	 Attention: Deploying Cognitive Resources a) Selective Attention; Looking to the brain b) Automaticity and the effects of practice c) Divided Attention 	15
	III	a) Codes in Long-Term Memory b) Empirical investigations of imagery; the nature of mental imagery c) Neuropsychological findings; Spatial cognition	15
08/1	IV	 Short Term Working Memory a) Short Term Memory b) Working Memory- The Components c) Assessing Working Memory 	15

Book for study

Galotti, K.M. (2015). Cognitive Psychology: In and Out of the Laboratory. (5^{th} ed.). Sage Publications

Books for reference



- 1. Anderson, J. (2020). Cognitive Psychology and its Implication. Worth Publishers
- **2.** Ashcraft, M. H. &. Radvansky, G. A. (2009). <u>Cognition.</u> (5thed), Prentice Hall, Pearson education
- **3.** Francis, G., Neath, I., &VanHorn, D. (2008). *Coglab 2.0 on a CD*. Wadsworth Cengage Learning, international student edition
- **4.** Galotti, K.M. (2008). *Cognitive Psychology: Perception, Attention, and Memory*. Wadsworth New Delhi: Cengage Learnin
- **5.** Goldstein, E. B. (2007). *Psychology of sensation and perception*. New Delhi: Cengage learning India, Indian reprint 2008
- **6.** Goldstein, E. B. (2005). *Cognitive Psychology: Connecting Mind, Research, andEveryday Experience*. Wadsworth/ Thomson Learning
- 7. Matlin, M.W. (1995). *Cognition*. 3rd ed., Bangalore: Prism Books pvt. ltd.
- **8.** Matlin, M.W. (2013). *Cognitive Psychology*, 8th ed., international student version, John Wiley & sons
- **9.** Reed, S. K. (2004). *Cognition: Theory and Applications*. (6th ed.), Wadsworth/ Thomson Learning
- **10.** Robinson-Riegler, B., & Robinson-Riegler, G. L. (2008). *Cognitive Psychology–Applying the science of the Mind.* (2nded.). Pearson Education. New Delhi: Indian editionby Dorling Kindersley India pvt ltd.
- **11.** Srinivasan, N., Gupta, A.K., &Pandey, J. (Eds). (2008). *Advances in Cognitive Science*. Volume 1, New Delhi, Sage publications
- **12.** Sternberg, R.J. (2009). *Applied Cognitive Psychology: Perceiving, Learning, and Remembering*. New Delhi: Cengage learning India, Indian reprint 2009
- **13.** Solso, R.L., Maclin, O.H., & Maclin, M.K. (2013). *Cognitive Psychology*. Pearson education, New Delhi, first Indian reprint 2014
- 14. Surprenant, A.M., Francis, G., & Neath, I. (2005). Coglab Reader. Thomson Wadswort
- **15.** Willingham, D. T. (2019). *Cognition: The Thinking Animal*. Prentice Hall PTR



Theory Examination Pattern:

A) Internal Assessment - 40% :40 marks.

Sr. No.	Evaluation type	Marks
1	Presentation (Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	0.0
	a)Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question.

Questions	Options	Marks	Questions no.
Q.1	Essay Type (No Internal Choice)	15	From UNIT 1,
Q.2	Essay Type (No Internal Choice)	15	2, 3
Q.3	Short notes (Any 3 out of 5)	15	



Q.4	Explain the terms (Any 5 out of 8)	15	UNIT 4
	TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	504			6	04	0	Grand
					. 0	5	Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY505

Course Title: PRACTICALS IN COGNITIVE PROCESSES AND PSYCHOLOGICAL TESTING

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of concepts in experimental method and statistics
CO 2	Develop an understanding of concepts in psychological testing
CO 3	Initiate the development of skills to carry on manual experiments on basic psychological processes.
CO 4	Building skills to administer score and interpret basic psychological tests.



CO 5	Develop research skills like stating a problem, designing the experiment and writing research proposal
CO6	Foster scientific attitude and ethical practices in research.

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY505			4 Credits
	I	Research methodology in Psychology Basics of Experimentation - Introduction to Human Experimental Psychology, Types of Experiment, Sampling methods, Types of samples, Experimental Designs	10
	II	Describing data and drawing conclusions from data	10
	Ш	Introduction to administration and interpretation of psychological tests- Self Efficacy Scale and DBDA	10
	IV	Two Experiments in Cognitive Processes to be conducted and writing of reports for the same a. Designing an experiment upto the proposal level b. Report writing: APA style for research reports	30

MODALITY OF ASSESSMENT

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Semester V

Sr. No.	Evaluation type	Marks
1	Writing a Research Proposal	20



	(Literature Review= 8, Objectives = 2, Methodology =7, Significance=3)	
2	One class test based on Experiments conducted	20
	(A) Explain the terms (Any 5 out of 8)= 15	
	Short Note (Any 1 out of 2) $= 05$	
	(B) Online Multiple Choice Questions	
	Fill in the Blanks	0/
	Match the Columns	6.9/
	True or False	

Semester V

Sr. No.	Evaluation type	Marks
1	Conducting and Writing a Descenda Denor	20
	Conducting and Writing a Research Paper	20
	Literature Review= 5 marks, Methodology= 5, Discussion= 5	
	Presentation=5	
2	One class test based on Experiments Conducted	20
	(C) Explain the terms (Any 5 out of 8)= 15	
	Short Note (Any 1 out of 2) $= 05$	
	(D) Online Multiple Choice Questions	
	Fill in the Blanks	
	Match the Columns	
2	True or False	

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

❖ Duration - These examinations shall be of **2 hours** duration. Students will have to conduct an experiment and write a report.



Semester V

Instruction	Report	Viva	Total
and Conduct			
20	25	15	60

_Overall Examination and Marks Distribution Pattern

SEMESTER V &VI

Course	505			6	05		Grand
					. (5	Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY506

Course Title: COUNSELING PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop knowledge and understanding of the nature, process, goals, and techniques.
CO 2	Facilitate the understanding of theoretical perspectives in counselling
CO 3	Develop counselling skills
CO 4	Create a foundation for higher education in Counseling and a career as a professional counselor



CO 5	Foster an understanding of cultural aspects in counselling

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits/
			Lectures
RUAPSY506		(0)	3.5 Credits
	I	Counseling in Multicultural Society and with Diverse Populations a) Counseling across culture and ethnicity; defining culture and multicultural counseling; history of multicultural counseling; difficulties and issues in multicultural counseling; b) Counseling aged populations; gender-based counseling; counseling and sexual orientation; c) counseling and spirituality	10
691	II	 Building a Counseling Relationship a) The six factors that influence the counseling process b) Types of initial interviews; conducting the initial interview c) Exploration and the identification of goals 	10
	Ш	Working in a Counseling Relationship a) Various counselor skills in the understanding and action phases b) Transference and counter-transference c) The Real relationship	10



	Psychoanalytic, Adlerian and Humanistic theories of Counseling	
IV		15
	a) Theory; importance of theory; theory into practiceb) Psychoanalytic theories; Adlerian theory;	40.
	c) Humanistic theories	

Book for study:

Gladding, S. T. (2018). *Counseling: A Comprehensive Profession*. (8th Ed.). Pearson Education. New Delhi: Indian subcontinent version by Dorling Kindersley India pvt ltd.

Books for Reference:

- 1. Arulmani, G., & Nag-Arulmani, S. (2004). *Career Counseling—a handbook*. New Delhi: Tata McGraw-Hill
- 2. Capuzzi, D., & Gross, D. R. (2007). *Counseling and Psychotherapy: Theories and Interventions*. (4thed.). Pearson Prentice Hall. First Indian reprint 2008 by Dorling Kindersley India pvt ltd.
- 3. Capuzzi, D., & Gross, D. R. (2009). *Introduction to the Counseling Profession*. (5thed.). New Jersey: Pearson Education
- 4. Corey, G. (2015). *Theory and Practice of Counseling and Psychotherapy* (10thed.). Stamford, CT: Brooks/Cole
- 5. Finlay, L. (2019). Practical Ethics in Counselling and Psychotherapy: A Relational Approach. Sage Publication
- 6. Kealy, D & Ogrodniczuk, J. S. (2019). *Contemporary Psychodynamic Psychotherapy:* Evolving Clinical Practice. Academic Press
- 7. Spalek B. & Spalek M. (2019). *Integrative Counselling and Psychotherapy: A textbook*. New York: Routledge



Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	Presentation(Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	0/
2	One class Test	20
	(Either paper pencil test or Online MCQ test)	
	OPTION A Paper pencil Test	
	a)Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	Allower in one word	

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question. All questions shall be compulsory.

Questions	Options	Marks	Questions no.
-----------	---------	-------	---------------



Q.1	Essay Type (No Internal Choice)	15	From UNIT 1,
Q.2	Essay Type (No Internal Choice)	15	2, 3
Q.3	Short notes (Any 3 out of 5)	15	
Q.4	Explain the terms (Any 5 out of 8)	15	UNIT 4

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	506			606		(0)	Grand
						Total	
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200

Course Code: RUAPSY601

Course Title: PSYCHOLOGICAL TESTING AND STATISTICS

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of theoretical basis of Test Construction and development
CO 2	Develop an understanding of different types of tests to measure Intelligence and personality
CO 3	Facilitate Critical analysis of different psychological tests used to measure intelligence and personality.



CO 4	Foster the development of skills to calculate and interpret statistical methods like t-test.
CO 5	Initiate the skill to construct a basic psychological test.

DETAILED SYLLABUS

Course Code	Course Code Unit Topics			
			Lectures	
RUAPSY601			4 Credits	
	I	Test Development a) Test conceptualization and Test construction b) Test tryout and Item analysis c) Test revision	15	
	II	Measurement of Intelligence and Intelligence Scales a) What is Intelligence? - Definitions and theories; measuring Intelligence b) The Stanford-Binet Intelligence Scales c) The Wechsler Tests: WAIS, WISC, WPPSI	15	
691,	III	Assessment of Personality a) Personality Assessment - some basic questions: who, what, where, how; Developing instruments to assess personality - logic and reason, theory, data reduction methods, criterion groups; personality assessment and culture b) Objective methods of personality assessment	15	



	c) Projective methods of personality assessment -	
	Inkblots as Projective stimuli - the Rorschach;	
	Pictures as Projective stimuli - Thematic	
	Apperception Test; Projective methods in	
	perspective	
		.0
	Probability, Normal Probability Curve and Standard	-00
	scores and calculation of Independent and Dependant t	0.0
	tests	
	The second of Duckshillon the second	
	a) The concept of Probability; theorem and	
	application of probability applications of the	
	Normal Probability Curve; Area under the	
	Normal Curve	
IV		15
"	b) Skewness- positive and negative, causes of	13
	skewness, Kurtosis and Standard scores - z, T,	
	Stanine;	
	100	
	c) Calculation of independent and dependent t	
	00.00	

Book for study:

Newest edition:

Cohen, J. R., & Swerdlik, M. E., (2018). *Psychological Testing and Assessment: An introduction to Tests and Measurement.* (9th ed.). New York. McGraw-Hill International edition. (<u>Indian reprint 2018</u>

Cohen, J. R., Swerdlik, M. E., &Sturman, E. D. (2013). *Psychological Testing and Assessment: An introduction to Tests and Measurement*. (8thed.). New York. McGraw-HillInternational edition. (<u>Indian reprint 2015</u>)

Books for Reference:



- 1. Aiken, L. R., &Groth-Marnat, G. (2006). *Psychological Testing and Assessment*. (12thed.). Pearson. Indian reprint 2009, by Dorling Kindersley, New Delhi
- 2. Anastasi, A. & Urbina, S. (1997). *Psychological Testing*. (7thed.). Pearson Education, Indian reprint 2002
- 3. Aaron, A., Aaron, E. N., & Coups, E. J. (2006). *Statistics for Psychology*. (4thed.). Pearson Education, Indian reprint 2007
- 4. Cohen, J. R., Swerdlik, M. E., & Kumthekar, M. M. (2014). *Psychological Testing and Assessment: An introduction to Tests and Measurement*. (7thed.). New Delhi: McGraw-Hill Education (India) Pvt Ltd., Indian adaptation
- 5. Cooper, C. (2019). Psychological Testing: Theory and Practice. New York: Routledge
- 6. Gregory, R. J. (2013). *Psychological Testing: History, Principles, and Applications*. (6thed.). Pearson Indian reprint 2014, by Dorling Kindersley India pvt ltd, New Delhi
- 7. Hoffman, E. (2002). Psychological Testing at Work. New Delhi: Tata McGraw-Hill
- 8. Hogan, T. P. (2015). *Psychological Testing: A Practical introduction*. (3rded.). John Wiley & Sons, New Jersey
- 9. Hollis-Sawyer, L.A., Thornton, G. C. III, Hurd, B., & Condon, M.E. (2009). *Exercises in Psychological Testing*. (2nded.). Boston: Pearson Education
- 10. Kaplan, R. M., &Saccuzzo, D. P. (2005). *Psychological Testing–Principles, Applications and Issues*. (6thed.). Wadsworth Thomson Learning, Indian reprint 2007
- 11. Kline, T.J.B. (2005). *Psychological Testing: A Practical approach to design and evaluation*. New Delhi: Vistaar (Sage) publications
- 12. Mangal, S.K. (1987). *Statistics in Psychology and Education*. New Delhi: Tata McGraw Hill Publishing Company Ltd.
- 13. McBurney, D.H. (2001). Research Methods. (5thed.). Bangalore: Thomson Learning India
- 14. Miller, L.A., Lovler, R. L., & McIntire, S.A., (2019). *Foundations of Psychological Testing: A practical approach.* (4thed.). Sage publications
- 15. Minium, E. W., King, B. M., & Bear, G. (2001). *Statistical Reasoning in Psychology and Education. Singapore*: John-Wiley
- 16. Urbina, S. (2014). Essentials of Psychological Testing. (2nded.). John Wiley & Sons



Theory Examination Pattern:

B) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type	Marks
1	One Presentation (Content 5 marks, Explanation 5 marks,	20
	Question Answer 5 marks, Overall Impression 5 marks)	20/0
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	
	a) Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question

Questions	Options	Marks	Questions no.
Q1)	Essay type (No Internal choice)	15	From any One
Q2)	Essay type (No Internal Choice)	15	of the Unit
Q3)	Short notes (Any 3 out of 5)	15	I,II,III



Q4 A)	Calculation of statistics	15	Unit IV
Q4 B)	Explain the Terms		

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	501			601			Grand Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200



Course Code: RUAPSY602

Course Title: ABNORMAL PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop understanding of symptoms, perspectives and treatment of different psychological disorders (Schizophrenia, Mood disorders, Sexual disorders and Personality disorders)
CO 2	Facilitating critical evaluation of the perspectives and treatment for different psychological disorders.
CO 3	Develop a scientific view towards mental disorders
CO 4	Initiate the Development of skill to diagnose the psychological disorders on the basis of case studies.
CO 5	Foster humanitarian values and attitude towards individuals suffering from mental disorders.

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits/
	30		Lectures
RUAPSY602	9)		4 Credits
RUAPSY602	Ι	a) Schizophrenia, brief psychotic disorder, Schizophreniform Schizoaffective, delusional disorders b) Theories and treatment of schizophrenia; Biological, Psychological, Sociocultural perspectives; c) Schizophrenia: the biopsychosocial perspective	15



	II	Depressive and Bipolar Disorders a) Depressive disorders; disorders involving alterations in mood b) Theories and treatment of depressive and bipolar disorders; psychological and sociocultural perspectives c) Suicide; depressive and bipolar disorders: the biopsychosocial perspective	15
	III	Paraphilic Disorders, Sexual Dysfunctions, and Gender Dysphoria a) What patterns of sexual behavior represent psychological disorders? Paraphilic Disorders and Sexual Dysfunctions b) Gender Dysphoria c) The biopsychosocial perspective	15
29/1	IV	a) The nature of personality disorders b) Cluster A and Cluster B personality disorders c) Cluster C personality disorders; the biopsychosocial perspective	15

Book for study:

Whitbourne, S. K., & Halgin, R. P. (2015). *Abnormal Psychology: Clinical Perspectives on Psychological Disorders*. (6th and 7thed.). McGraw-Hill (Indian reprint 2015)



Books for Reference:

- 1. Sadock, B. J., Sadock V. A. & Ruiz P. (2014). *Kalpan & Sadock's Synopsis of Psychiatry*. (11th ed.). Walter's Kluwer
- 2. Nevid JS & Rathus SA & Greene B (2018) Abnormal Psychology In Changing World, Pearson India
- 3. Butcher, Hooley & Mineka (2019) Abnormal Psychology (17th Edition) Pearson India
- 4. Barlow, D.H., & Durand, V.M. (2005). *Abnormal Psychology: An Integrative Approach*. (4th ed.). New Delhi: Wadsworth Cengage Learning
- 5. Beidel, D. C., Bulik, C. M., & Stanley, M.A. (2010). *Abnormal Psychology*. New Jersey: Pearson Prentice Hall
- 6. Bennet, P. (2003). Abnormal and Clinical Psychology: An Introductory Textbook. Open University Press
- 7. Butcher, J. N., Hooley, J. M., & Mineka, S., (2014). *Abnormal Psychology*. (16thed.). Pearson education
- 8. Dhanda, Amita. (2000). Legal Order and Mental Disorder. New Delhi, Sage publications pvt ltd
- 9. Hecker, J.E., & Thorpe, G.L. (2005). *Introduction to clinical Psychology: Science, practice, and ethics.* New Delhi, Pearson education, Indian reprint 2007
- 10. Kring, A.M., Johnson, S. L., Davison, G.C., & Neale, J.M. (2013). *AbnormalPsychology*. (12thed.). International student version, John Wiley & Sons, Singapore
- 11. Nolen-Hoeksema, S. (2014). Abnormal Psychology. (6thed.). New York: McGraw-Hill.
- 12. Oltmanns, T. F., & Emery, R. E. (2010). *Abnormal Psychology*. 6th ed., New Jersey: Pearson Prentice Hall
- 13. Ray, W.J. (2013). Abnormal Psychology: neuroscience perspectives on human behaviour and experience. Sage Publications, USA
- 14. Ray WJ. Adapted by Sovani A. (2018) Abnormal Psychology- Neuroscience Perspectives on Human Behavior and Experience, Sage Publication



Theory Examination Pattern:

B) Internal Assessment - 40%: 40 marks.

Sr. No.	Evaluation type			
1	Presentation (Content 3 marks, Explanation 3 marks, Question	10		
	Answer 2 marks, Overall Impression 2 marks)			
2	One class Test (Either paper pencil test or Online MCQ test)	20		
	OPTION A Paper pencil Test			
	a)Explain the Terms (any 5 out of 8)			
	b) Short Notes)any 1 out of 2)			
	OR			
	OPTION B Online MCQ type test			
	True or false			
	Fill in the blanks with options			
	Match the pairs			
	Answer in one word			
3	Assignment	10		
n	TOTAL	40		

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be **4** questions each of **15** marks. On each unit there will be one question.



Questions	Options	Marks	Questions no.		
Q.1 A	Essay Type Question (No Internal Choice)	12	From any One		
Q.1 B	Application or Analyzing based Question	03	of the Unit 1, 2,		
	(No Internal Choice)		3		
Q.2 A	Essay Type Question (No Internal Choice)	12			
Q.2 B	Application or Analyzing based Question	03			
	(No Internal Choice)		20		
Q.3	Short notes (Any 3 out of 5)	15	0/16/2		
Q.4	Explain the terms (Any 5 out of 8)	15	Unit 4		
	TOTAL	60			

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	502			602			Grand		
	0/1/0						Total		
	Internal	External	Total	Internal	External	Total			
Theory	40	60	100	40	60	100	200		





Course Code: RUAPSY603

Course Title: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the different psychological processes that influences work behaviour (Motivation, Emotion, Group behaviour)
CO 2	Facilitate the understanding of different theoretical perspectives that explain work behaviour.
CO 3	Foster development of positive attitude towards work and organization
CO 4	Develop social competence and ethical values that would promote adjustment to work place.
CO 5	Facilitate the development of leadership and team values.

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits
			Lectures
RUAPSY603			3.5 Credits
RUAPSY603	Ι	Theories of Employee Motivation a. What is motivation? Work motivation theories, need theories b. Other Theories - Reinforcement theory, expectancy theory and self-efficacy theory c. Justice theories, goal-setting theory, control theory and action theory	10



II	Feelings about Work: Job Attitudes and Emotions; Counterproductive Work Behaviour a. The nature of job satisfaction; how people feel about their jobs; the assessment and antecedents of job satisfaction b. Potential effects of job satisfaction; organizational commitment and emotions at work c. Counterproductive work behaviour: withdrawal - absence, lateness, turnover; aggression, sabotage, and theft; labour unrest and strikes		
III	 a. What is leadership? Sources of influence and power; abuse of supervisory power: sexual and ethnic harassment b. Approaches to the understanding of leadership, Women in leadership positions c. Theories of Organizational Development 	10	
IV	Understanding Work Teams and Consumer Psychology a. Difference between groups and teams and Types of teams b. Creating effective teams c. Consumer Psychology: Methods	15	

Book for study:

Spector, P. E. (2016). Industrial and Organizational Psychology: Research and Practice. Singapore: John Wiley & Sons Pvt. Ltd.

Books for reference:

- 1. Schneider C (2019) Organizational Psychology Understanding the Workplace
- 2. Pattinson G. (2019) Industrial and Organizational Psychology, Willford Press



- 3. Aamodt, M.G. (2004). *Applied Industrial/Organizational Psychology*. (4thed). Wadsworth/ Thomson Learning
- 4. Aswathappa, K. (2005). *Human Resource and Personnel Management–Text and Cases*, 4thed, New Delhi, Tata McGraw-Hill Publishing Co. Ltd.
- 5. Dessler, G., & Verkkey, B. (2009). *Human Resource Management*. 11th ed., Pearson Education, Dorling Kindersley India, New Delhi
- 6. French, W.L., Bell, C.H. Jr, &Vohra, V. (2006). Organization Development: Behavioural science interventions for organization improvement. 6thed., Pearson Education, Dorling Kindersley India, New Delhi
- 7. Greer, C.R. (2001). *Strategic Human Resource Management; A general managerial approach*. 2nded., Pearson Education, 6thIndian reprint 2004
- 8. Hellriegel,D., & Slocum, J.W. (2004). *Organizational Behavior*.(10th ed.). South Western/ Thomson Learning
- 9. Hersey, P., Blanchard, K. H., & Johnson, D. E. (2001). *Management of Organisational Behaviour*. 8thed., Pearson, Dorling Kindersley India, New Delhi. 3rdIndian reprint 2009
- 10. Hoyer, W.D., MacInnis, D.J., & Dasgupta, P. (2008). *Consumer Behaviour*. Biztantra, New Delhi
- 11. Jones, G.R., & Mathew, M. (2009). *Organisational theory, design, and change*. 5th ed., Pearson Education, Dorling Kindersley India, New Delhi
- 12. Landy, F. J., & Conte, J. M. (2013). Work In The 21stCentury: An Introduction to Industrial and Organizational Psychology, 4thEdition, John Wiley & sons, USA (Indian reprint 2015)
- 13. Luthans, F. (2005). Organizational Behavior. (10thed.). McGraw Hill.
- 14. Matthewman, L., Rose, A., & Hetherington, A. (2009). *Work Psychology: Anintroduction to Human Behaviour in workplace*. Oxford university press
- 15. McKenna, E. (2006). *Business Psychology andOrganisational Behaviour: A student'shandbook*. 4thed., Psychology Press, 1stIndian reprint 2009
- 16. Miner, J.B. (2002). *Organisational Behaviour: Foundations, theories, analyses*. New York: Oxford university press
- 17. Muchinsky, P.M. (2003). *Psychology Applied to Work.*(7th ed.). Wadsworth/Thomson Learning



- 18. Newstrom, J.W., & Davis, K. (2002). *Organizational Behavior: Human Behavior at work* (11thed.). Tata McGraw-Hill
- 19. Pareek, U. (2003). *Training Instruments in HRD and OD* (2nd ed.), Tata McGraw-Hill Publishing Company, Mumbai
- 20. Pareek, U., Rao, T.V., Pestonjee, D.M. (1981). *Behavior Process in Organizations: Readings, Cases, Instruments*. Oxford and IBH Publishing Co., New Delhi
- 21. Pareek, U. (2008). *Understanding Organizational Behaviour*. Oxford University Press, New Delhi
- 22. Sanghi, S. (2007). Towards personal excellence: psychometric tests and self-improvement techniques for managers. 2nded., Response books, Sage publications
- 23. Schultz, D., & Schultz, S. E. (2002). *Psychology and Work Today*. (8thed.). Pearson Indian reprint 2008, by Dorling Kindersley India pvt ltd, New Delhi
- 24. Sekaran, U., (2004). *Organisational Behaviour: Text And Cases*. (2nd ed.). New Delhi: Tata McGraw-Hill
- 25. Shani, A. B., & Lau, J.B., (2005). *Behavior in Organizations: An Experiential Approach*. (8th ed.). McGraw Hill
- 26. Schultz, D., & Schultz, S. E. (2010). *Psychology and Work Today*.(10th ed.). Pearson Prentice Hall
- 27. Steptoe-Warren, G. (2014). *Occupational Psychology: An Applied Approach*. New Delhi: Dorling Kindersley (India) Pvt. Ltd.
- 28. Singh, D. (2006). *Emotional intelligence at work: A professional guide*. 3rd ed., New Delhi, Sage publications
- 29. Sinha, J. B. P. (2008). *Culture and Organisational Behaviour*. New Delhi, Sage publications.

MODALITY OF ASSESSMENT

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.



Sr. No.	Evaluation type	Marks
1	Presentation (Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	
	a)Explain the Terms (any 5 out of 8)	40
	b) Short Notes)any 1 out of 2)	6.0
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern:

There shall be 4 questions each of 15 marks. On each unit there will be one question.

Questions	Options	Marks	Questions no.
Q.1	Essay type (No Internal choice)	15	From any one
Q.2	Essay type (No Internal choice)	15	of the Unit 1, 2,
Q.3	Short notes (Any 3 out of 5)	15	3
Q.4	Explain the terms (Any 5 out of 8)	15	Unit 4
	TOTAL	60	



Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	503			6	03		Grand
							Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200



Course Code: RUAPSY604

Course Title: COGNITIVE PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop a deeper understanding of the different cognitive processes (Memory, Thinking, Reasoning)
CO 2	Facilitate scientific analysis of the functioning of the cognitive processes.
CO 3	Facilitate critical analysis of the different theories put forth to explain cognitive processes.
CO4	Develop understanding of the theories put forth to describe and explain the cognitive phenomena and processes.
CO5	Develop skills to evaluate the different research and suggest appropriate modifications.

DETAILED SYLLABUS

Course Code	Unit	Topics	Credits
DUADSY/04	191		Lectures
RUAPSY604			4 Credits
RUAPSY604	I	 Retrieving Memories from Long-Term Storage a) Aspects and Subdivisions of Long-Term Memory b) The Levels-of-Processing view c) The reconstructive nature of memory; Amnesia 	15



II	Knowledge Representation: Storing and Organizing Information in Long-Term Memory a) Organizing Knowledge b) Forming concepts c) Categorizing new instances	15
III	Thinking and Problem Solving a) Classic problems and general methods of solution; Blocks to problem solving b) The Problem Space hypothesis c) Expert systems; Finding creative solutions; Critical thinking	15
IV	 Reasoning and Decision Making a) Formal Logic And Reasoning b) Decision Making; Cognitive illusions in decision making; c) Neuropsychological evidence on reasoning and decision making 	15

Book for study

Galotti, K.M. (2015). Cognitive Psychology: In and Out of the Laboratory. (5^{th} ed.). Sage Publications

Books for reference:

1. Anderson, J. (2020). Cognitive Psychology and its Implication. Worth Publishers



- 2. Ashcraft, M. H. &. Radvansky, G. A. (2009). *Cognition*. (5thed), Prentice Hall, Pearson education
- 3. Francis, G., Neath, I., &VanHorn, D. (2008). *Coglab 2.0 on a CD*. Wadsworth Cengage Learning, international student edition
- 4. Galotti, K.M. (2008). *Cognitive Psychology: Perception, Attention, and Memory*. Wadsworth New Delhi: Cengage Learning
- 5. Goldstein, E. B. (2007). *Psychology of sensation and perception*. New Delhi: Cengage learning India, Indian reprint 2008
- 6. Goldstein, E. B. (2005). *Cognitive Psychology: Connecting Mind, Research, and Everyday Experience*. Wadsworth/ Thomson Learning
- 7. Matlin, M.W. (1995). *Cognition*. 3rd ed., Bangalore: Prism Books pvt. ltd.
- 8. Matlin, M.W. (2013). *Cognitive Psychology*, 8^{th} ed., international student version, John Wiley & sons
- 9. Reed, S. K. (2004). *Cognition: Theory and Applications*. (6th ed.), Wadsworth/ Thomson Learning
- 10. Robinson-Riegler, B., & Robinson-Riegler, G. L. (2008). *Cognitive Psychology–Applying the science of the Mind.* (2nded.). Pearson Education. New Delhi: Indian editionby Dorling Kindersley India pvt ltd.
- 11. Srinivasan, N., Gupta, A.K., &Pandey, J. (Eds). (2008). *Advances in Cognitive Science*. Volume 1, New Delhi, Sage publications
- 12. Sternberg, R.J. (2009). *Applied Cognitive Psychology: Perceivnig, Learning, andRemembering*. New Delhi: Cengage learning India, Indian reprint 2009
- 13. Solso, R.L., Maclin, O.H., & Maclin, M.K. (2013). *Cognitive Psychology*. Pearson education, New Delhi, first Indian reprint 2014
- 14. Surprenant, A.M., Francis, G., & Neath, I. (2005). Coglab Reader. Thomson Wadswort
- 15. Willingham, D. T. (2019). Cognition: The Thinking Animal. Prentice Hall PTR

MODALITY OF ASSESSMENT



Theory Examination Pattern:

B) Internal Assessment - 40% :40 marks.

Sr. No.	Evaluation type	Marks
1	Presentation (Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	
2	One class Test (Either paper pencil test or Online MCQ test)	20
	OPTION A Paper pencil Test	000
	a)Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	
	TOTAL	40

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question.

Questions	Options	Marks	Questions no.
Q.1	Essay Type (No Internal Choice)	15	From UNIT 1,
Q.2	Essay Type (No Internal Choice)	15	2, 3
Q.3	Short notes (Any 3 out of 5)	15	
Q.4	Explain the terms (Any 5 out of 8)	15	UNIT 4



TOTAL	60	

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	504			6	04		Grand
						(0)	Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200





Course Code: RUAPSY605

Course Title: PRACTICALS IN COGNITIVE PROCESSES AND PSYCHOLOGICAL TESTING

Academic year 2020-21

COURSE OUTCOMES:

COURSE	CO DESCRIPTION
OUTCOME	
CO 1	Develop an understanding of concepts in experimental method and statistics
CO 2	Develop an understanding of concepts in psychological testing
CO 3	Initiate the development of skills to carry on computer-based experiments on basic psychological processes.
CO 4	Building skills to administer score and interpret basic psychological tests.
CO 5	Develop research skills like stating a problem, designing the experiment and writing research proposal
CO6	Foster scientific attitude and ethical practices in research.

	.0		Credits/
Course Code	Unit	Topics	Lectures
RUAPSY605			4 Credits
691,	I	Applying experimental methods to different areas in Psychology	10
	II	Two Computer based Experiments in Cognitive Processes to be conducted and Group data to be collected and analysed using appropriate inferential statistics	20
	III	Introduction to administration and interpretation of psychological tests-16 PF and MISIC	10



IV	Conducting a research and report writing	20

Books for reference

- 1. Bordens K. S. & Abbott B. B. (2010). *Research and design methods- A process approach*. (8thed.). Tata McGraw Hill Publishing co.
- 2. Snodgrass, J. G., Levy-Berger G. V., & Haydon, M. (1985). *Human Experimental Psychology*. New York: Oxford University Press.
- 3. Cohen, J. R., Swerdlik, M. E., &Sturman, E. D. (2013). *Psychological Testing and Assessment: An introduction to Tests and Measurement.* (8thed.). New York. McGraw-Hill International edition. (Indian reprint 2015)
- 4. Jhangiani, R. S., Chiang A. I., Cuttlet, C. & Leighton C. D. (2019). *Research Methods in Psychology*. (4th ed.).
- 5. Matlin, M. W. (1995). Cognition. 3rd ed., Bangalore: Prism Books pvt. ltd.
- 6. McBride, D. M. (2019). *The Process of Research and Statistical Analysis in Psychology*. Sage Publication
- 7. Minium, E. W., King, B. M., & Bear, G. (2008). *Statistical Reasoning in Psychology and Education*. Singapore: John-Wiley
- 8. Wayne, H. K. (2015). *Quantitative Research in Education: A Primer*. (2nd ed.). Sage Publication

MODALITY OF ASSESSMENT

Theory Examination Pattern:

A) Internal Assessment - 40%: 40 marks.

Semester V

Sr. No.	Evaluation type	Marks
1	Writing a Research Proposal	20



	(Literature Review= 8, Objectives = 2, Methodology =7, Significance=3)	
2	One class test based on Experiments conducted	20
	(A) Explain the terms (Any 5 out of 8)= 15	
	Short Note (Any 1 out of 2) $= 05$	
	(B) Online Multiple Choice Questions	
	Fill in the Blanks	-0/
	Match the Columns	16.0
	True or False	

Semester V

Sr. No.	Evaluation type	Marks
1	Conducting and Writing a Descenda Denon	20
	Conducting and Writing a Research Paper	20
	Literature Review= 5 marks, Methodology= 5, Discussion= 5	
	Presentation=5	
2	One class test based on Experiments Conducted	20
	(C) Explain the terms (Any 5 out of 8)= 15	
	Short Note (Any 1 out of 2) $= 05$	
	(D) Online Multiple Choice Questions	
	Fill in the Blanks	
	Match the Columns	
2	True or False	

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

❖ Duration - These examinations shall be of **2 hours** duration. Students will have to conduct an experiment and write a report.

Semester VI



Instruction	Report	Viva	Total
and Conduct			
10	35	15	60

Overall Examination and Marks Distribution Pattern

SEMESTER V &VI

Course	505			605		Grand	
						Total	
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200



Rannarain Rija Hitonomous College Rannarain Rija Rannarain Rija Rannarain Rija Rannarain Rannarain Rija Rannarain Rann



Course Code: RUAPSY606

Course Title: COUNSELING PSYCHOLOGY

Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop deeper understanding of different processes in counselling.
CO 2	Facilitate the ability to analyse different theoretical perspectives in counseling.
CO 3	Inculcate understanding of ethical values in the counselling process
CO 4	Develop the skills to critically evaluate the different counselling perspectives
CO 5	Facilitate social value of empathy and diversity so as to become an effective group member in different group setting.

DETAILED SYLLABUS

Course Code Unit	Topics	Credits
7		Lectures
RUAPSY606		3.5 Credits
I	Testing, Assessment, Diagnosis in Counseling; Closing Counseling Relationships a) Function, timing of and issues in closing counseling relationships; resistance to closing; premature closing; counselor-initiated closing b) Ending on a positive note; issues related to closing - follow-up and referral c) Definitions: Ethics, Morality and Law; Ethics and Counseling; The Development of Codes of Ethics for Counselors; Limitations of Ethical	10



		Codes; Conflicts within and among Ethical Codes; Working with Counselors who may act unethically, Legal issues involved when counselling Minors; Client rights and records	
	II	 a) A brief history of groups; misperceptions and realities about groups; the place of groups in counseling; benefits, drawbacks and types of groups b) Theoretical approaches in conducting groups; stages and issues in groups; Qualities of effective group leaders c) The future of group work 	10
	III	Abuse, Addiction, Disability and Counseling a) The cycle of abuse; Interpersonal abuse; Intrapersonal abuse and addiction; Process addictions; treating women and minority cultural groups in abuse and addiction b) Counseling and disability c) Work as a rehabilitation counselor	10
Pall	IV	Behavioral. Cognitive, Systems, Brief and Crisis Theories of Counseling a) Behavioralcounseling; Cognitive and Cognitive-Behavioralcounseling b) Systems theories; Brief counseling approaches c) Crisis and trauma counseling approaches	15



Note - As an Orientation to this course, the following sub-topics should be taught in brief; (questions will not be set on these sub-topics in the class test or semester-end examination)

- i. Personal and Professional Aspects of Counseling
- ii. Ethical and Legal Aspects of Counseling
- iii. Current trends in Counseling

Book for study:

Gladding, S. T. (2018). *Counseling: A Comprehensive Profession*.(8th Ed.).Pearson Education. New Delhi: Indian subcontinent version by Dorling Kindersley India pvt ltd.

Books for reference:

- **1.** Arulmani, G., & Nag-Arulmani, S. (2004). *Career Counseling—a handbook*. New Delhi: Tata McGraw-Hill
- **2.** Capuzzi, D., & Gross, D. R. (2007). *Counseling and Psychotherapy: Theories and Interventions*. (4thed.). Pearson Prentice Hall. First Indian reprint 2008 by Dorling Kindersley India pvt ltd.
- **3.** Capuzzi, D., & Gross, D. R. (2009). *Introduction to the Counseling Profession*. (5thed.). New Jersey: Pearson Education
- **4.** Corey, G. (2015). *Theory and Practice of Counseling and Psychotherapy* (10thed.). Stamford, CT: Brooks/Cole
- **5.** Finlay, L. (2019). *Practical Ethics in Counselling and Psychotherapy: A Relational Approach.* Sage Publication
- **6.** Kealy, D & Ogrodniczuk, J. S. (2019). *Contemporary Psychodynamic Psychotherapy: Evolving Clinical Practice*. Academic Press
- **7.** Spalek B. & Spalek M. (2019). *Integrative Counselling and Psychotherapy: A textbook*. NewYork: Routledge

MODALITY OF ASSESSMENT

Theory Examination Pattern:

B) Internal Assessment - 40%: 40 marks.



Sr. No.	Evaluation type	Marks
1	Presentation(Content 5 marks, Explanation 5 marks, Question	20
	Answer 5 marks, Overall Impression 5 marks)	
2	One class Test	20
	(Either paper pencil test or Online MCQ test)	
	OPTION A Paper pencil Test	000
	a)Explain the Terms (any 5 out of 8)	
	b) Short Notes)any 1 out of 2)	
	OR	
	OPTION B Online MCQ type test	
	True or false	
	Fill in the blanks with options	
	Match the pairs	
	Answer in one word	

B) External examination - 60 %: 60 marks (Semester End Theory Assessment)

- ❖ Duration These examinations shall be of **2 hours** duration.
- ❖ Paper Pattern: There shall be 4 questions each of 15 marks. On each unit there will be one question. All questions shall be compulsory.

Questions	Options	Marks	Questions no.
Q.1	Essay Type (No Internal Choice)	15	From UNIT 1,
Q.2	Essay Type (No Internal Choice)	15	2, 3
Q.3	Short notes (Any 3 out of 5)	15	



Q.4 Explain the terms (Any 5 out of 8)	15	UNIT 4
--	----	--------

Overall Examination and Marks Distribution Pattern

Semester V and VI

Course	506			6	506	(0	Grand
							Total
	Internal	External	Total	Internal	External	Total	
Theory	40	60	100	40	60	100	200



CREDIT COURSE

Course Title: CHILD PSYCHOLOGY (3 Credits)

(45 lectures, 10 lectures for Unit I, II and IV and 15 lectures for Unit III)

(2020-21)

COURSE OUTCOMES:

COURSE	CO DESCRIPTION
OUTCOME	
CO 1	Develop deeper understanding of the different aspect of
	developmental changes during childhood stage
CO 2	Facilitate the ability to analyse different methods used to
	understand psychosocial experiences of children.
CO 3	Facilitate an understanding of the nature of problems seen in
	the childhood stage, analyse the factors underlying it and
	critically evaluate the measures to deal with the problems
CO 4	Develop the skills to critically evaluate the different positive
	parenting approaches

DETAILED SYLLABUS

Course	UNIT	TOPICS	Credits/
Code	191		Lectures
80.			3 Credits
	I	Developmental changes during childhood (a) Prenatal Period (b) Infancy Period (c) Childhood (Early & Late)	10



п	Methods of Studying Behaviour of Children & Positive Parenting Programs (a) Interview, Observation, Home-visit (b) Play way method, Taking Case History (c) Positive Parenting Programs	10
III	Childhood Problems and Measures (a) Behavioural Problems (b) Childhood Disorders (Developmental Disorders) (c) Childhood Disorders (Other than developmental disorders)	15
IV	Handling Children with Special Needs (a) Physical disabilities (b) Psychological disabilities (c) Sensory disabilities	10

Books for Study—

Balter L. (2016) Child Psychology: A Handbook of Contemporary Issues, Psychology Press.

Roberts MC (2005) Handbook of Pediatric Psychology, Guilford Press

MODALITY OF ASSESSMENT

Theory Examination Pattern:



Internal Assessment - 40%: 40 marks.

Sr No	Evaluation type	Marks
1	One assignment (Case Evaluation)	20
2	Report of Field Visit to any Child Care Organisation	20
		98

B) External examination - 60 %

Semester End Theory Assessment - 60 marks

Duration - These examinations shall be of **2 hours** duration.

Paper Pattern:

1. There shall be 3 questions each of 20 marks.

Questions	Options	Marks
Q.1)	Short Notes (Any 4)	20
Q2)	Analysis of Case	20
	Study	
Q.3)	Analysis of Case	20
	Study	

Overall Examination and Marks Distribution Pattern

Course	СН		
	PSYCHOLOGY		
	Internal	External	Total
Theory	40	60	100



CREDIT COURSE II

SWAYAM COURSES

CONSUMER BEHAVIOUR (2 CREDIT)

Developed by IIT kharagpur

COURSE LAYOUT

Week 1: Introduction to Consumer Behaviour, The Changing Patterns of Consumer Behaviour, Use of Market,

Segmentation in Consumer Behaviour, Dimensions of Consumerism, Process of Motivation

Week 2: Theories of Motivation-1, Theories of Motivation-2, Consumer Involvement, Case study on Motivation and Involvement, Consumer perception and imagery

Week 3: Case Study on Consumer Perception formation, Theories of Personality, Self-Concept, Learning theories, Case Study on Consumer Learning Process

Week 4: Attitude Formation-1, Attitude Formation-2, Changing Attitude, Attitude Formation, Case Study on Consumer, Consumers' Value

Week 5:AIO classification of Lifestyle, VALSTM Typology, Application of Lifestyle in Marketing, Culture

and subculture, Group as a determinant of buyer behaviour



Week 6: Celebrities as Reference group, Concept of family and family life-cycle, Family Buying Decisions,

Case Study on Family Buying Decisions, Diffusion of Innovation

Week 7: Opinion Leadership Types of Consumer Buying Behaviour, Black-Box Model, Modelling Buyer Behaviour-1, Modelling Buyer Behaviour-2

Week 8: Modelling Buyer Behaviour-3, Modelling Industrial buyer Behaviour-1, Modelling Industrial buyer Behaviour-2, Dimensions of Consumer Research, Course Wrap up.



CREDIT COURSE III QUALITATIVE RESEARCH METHODS AND RESEARCH WRITING. (3 CREDIT) Developed By IIT Kharagpur COURSE LAYOUT Week 1: Introduction to qualitative research, Introduction, The Qualitative Researcher, Quantitative vs. qualitative research, History of qualitative research, The process of qualitative research Week 2: Major paradigms & perspectives, Dominant paradigms of qualitative research, Interpretivist thinking, Verstehen, Constructivism, Properties of constructions, Constructivism: Sub paradigms, Criticisms of interpretivism & constructivism Week 3: Major paradigms & perspectives (Contd.), Critical theory, Characteristics of critical theory, Critiques of critical theory Week 4: Strategies of inquiry, Introduction to qualitative inquiry, Qualitative research design, Ethnography, Autoethnography, Case studies, Analyzing interpretive practice Week 5: Strategies of inquiry (Contd.), Grounded Theory, Participatory Action Research Week6:Methods of & collecting analysing empirical materials, Observations, Interviewing, Interpretation of documents & material

Culture, Images & visual methods Auto ethnography, personal narrative & reflexivity



Week 7: Methods of collecting & analysing empirical materials (Contd.), Analysing talk & text, Data management & analysis methods, software & qualitative research

Week8:Interpretation, evaluation & presentation ,The problem of criteria,Interpretation,Writing,Evaluation and social programs, Qualitative research and social policy Conclusion

Week 9: What, why and how of technical and research writing.

Week 10: Literature review.

Week 11: Writing about methods, results, and discussion of results.

Week 12: Referencing, academic integrity, and writing for different types of readers (Research proposals, Dissertations, Journal articles,

Magazine articles)

Final Examination Pattern: Multiple Choice Questions

Kindly visit the site for more details. Swayam.gov.in

