

S. P. Mandali's
RamnarinRuia Autonomous College
(Affiliated to University of Mumbai)



Syllabus for

Program: M.A.

Program Code: RPAPSY

(Choice Based Semester and Grading
System for academic year 2022–2023)

M.A. in CLINICAL PSYCHOLOGY

INTRODUCTION TO PROGRAM

The Department of Psychology of Ramnarain Ruia Autonomous College offers a two-year full-time post-gradual course in M.A. in Clinical Psychology. This program has been developed with the goal to provide specialized knowledge in the area of Clinical Psychology. This course aims at developing the competent clinical psychologist with high standard of knowledge and skills combined with ethical and social competence.

PROGRAM SPECIFIC OBJECTIVES

After the completion of this, students will be able to-

- (1) Demonstrate the skills to diagnose different psychological disorders and plan effective interventions to deal with the disorders.
- (2) Employ different psychological tests for diagnosis of various psychological disorders
- (3) Develop effective plan of intervention for various psychological disorders.
- (4) Uphold the ethical and professional values in Clinical practice.
- (5) Demonstrate research skills in terms of evaluating the different research methods, employ different statistical methods and related software analyse the data and draw valid conclusions.

PROGRAM OUTLINE

Year	Sem	Course Code	Core Course Title	Credits
M.A. Part I	I	RPAPSY101	Psychopathology (I)	6
		RPAPSY102	Psychodiagnostics(I)	6
		RPAPSY103	Psychotherapy (I)	6
			Discipline Specific Elective / Skill Enhancement Course	
		RPAPSY104	Research Methodology and Practicals in Psychodiagnostics (I)	6
			Ability Enhancement Compulsory Course	
			REBT: Adjustment and Well-being	2
			Core Course Title	
M.A. Part I	II	RPAPSY201	Psychopathology (II)	6
		RPAPSY202	Psychodiagnostics(II)	6
		RPAPSY203	Psychotherapy (II)	6
			Discipline Specific Elective / Skill Enhancement Course	
		RPAPSY204	Research Methodology and Practicals in Psychodiagnostics (II)	6
			Ability Enhancement Compulsory Course	
			REBT: Adjustment and Well-being	2
			Core Course Title	
M.A. Part II	III	RPAPSY304	Psychopathology (III)	6
		RPAPSY304	Psychodiagnostics (III)	6
		RPAPSY304	Psychotherapy (III)	6
			Discipline Specific Elective / Skill Enhancement Course	
		RPAPSY304	Research Methodology and Practicals in Psychodiagnostics (III)	6
			Core Course Title	
M.A. Part II	III	RPAPSY404	Psychopathology (IV)	6
		RPAPSY404	Psychodiagnostics (IV)	6
		RPAPSY404	Psychotherapy (IV)	6
			Discipline Specific Elective / Skill Enhancement Course	
		RPAPSY404	Research Methodology and Practicals in Psychodiagnostics (IV)	6

Course Title: PSYCHOPATHOLOGY (I)

RPAPSY101

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of an introduction to the classification system of mental disorders
CO 2	Develop the competence in critically evaluating the nature, factors, different theories and interventions for the various disorders during the Childhood stage
CO 3	Enhancing the students' knowledge about the field of Clinical Psychology

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY101	I	Introduction to DSM & ICD a. Introduction b. Use of the Manual c. Cautionary Statement for Forensic Use of DSM 5 d. ICD	20
	II	Neurodevelopmental Disorders and Other Childhood Disorders - (Intellectual Disability, Autism Spectrum Disorders, Learning Disability, Communication Disorder) a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	22

	III	Neurodevelopmental Disorders and Other Childhood Disorders–(ADHD, Motor Disorders, Other childhood disorders - Elimination Disorder) <ol style="list-style-type: none"> a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment 	23
	IV	Neuro Science <ol style="list-style-type: none"> a. Introduction b. Functional Neuroanatomy c. Neural Development d. Neurogenesis 	25

Books for study:

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.)

Boland, R., Verduin, M., Ruiz, P., Shah, A., Kaplan, H., & Sadock, B. (2015) *Kaplan & Sadock's synopsis of psychiatry* (12th ed.). Walters Kluwer.

Books for references:

Barlow, D.H. & Durand, M.V. (2012). *Abnormal Psychology: An Integrative Approach*. Wadsworth Cengage Learning

Beauchaine T. P., Hinshaw S. P. (2008). *Child and Adolescent Psychopathology*, John Wiley & Sons.

Beidel, D.C., Bulik, C.M., & Stanley, M.A. (2012). *Abnormal Psychology*. New York: Prentice Hall/ Pearson Education.

Rosenweig, M. R & Leiman, et. al. (1999), *Biological Psychology: Introduction to Behavioural, Cognitive, Clinical Neuroscience*.

Sarason A, Sarason B. A. (2006). *Abnormal Psychology*, Pearson Education Publishing Co.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHODIAGNOSTICS (I)

RPAPSY102

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the students to the process of collecting information from clients
CO 2	Enhancing the students' knowledge about various psychological tests used in the clinical field.
CO 3	Develop the competence of the students to use various psychological tests used in the clinical field.

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY102	I	Principles of psychological evaluation a. Psychological testing approaches and test choice rationales. b. Behavioral assessment c. Clinical observation, d. History taking, MSE, MMSE	25
	II	Assessment of development and ability a. Child developmental assessment: VSMS, Seguin form board, b. Bayley scales, other developmental scales. c. Child cognitive assessment: WISC all editions, d. Kamat Binet, Bhatia battery	25

	III	Assessment of personality a. Projective techniques for children: Children's Apperception Test b. Drawing as projection, c. Projective play, sacks sentence completion test, d. HTP, DAP, other projective methods.	25
	IV	Rating scales and test batteries a. Clinical rating scales: BDI, BSS, b. BHS, HDRS, HARS, BPRS c. SIDP, SCL-90-R, CARS, Conners rating scale d. Indian Scale for Assessment of Autism and other rating scales.	15

Books for Study

1. Bellack, A.S. and Hersen, M. (Ed.s) (1998) *Behavioral assessment A Practical Handbook* (4th ed.). MA: Allyn and Bacon.
2. Goldstein, G. and Hersen, M. (Ed.) (2000) *Handbook of Psychological Assessment* . (3rded). Oxford: Elsevier science.
3. Hersen, M. (2004). *Comprehensive Handbook of Psychological Assessment* (Vol. 4). Industrial and Organizational assessment. New York, NY: Wiley.

Books for reference

Manuals of various tests and scales covered.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHOTHERAPY (I)

RPAPSY103

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Developing the generic skills for psychotherapy
CO 2	Enhancing the students' knowledge for planning and conducting interventions for variety of mental health problems.
CO 3	Develop the competence of the students to plan and conduct interventions for variety of mental health problems

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 credits/6 lectures per week)
RPAPSY103	I	Introduction to Psychotherapy and Phases of Psychotherapy a. Basic Ingredients of and significant variables influencing Psychotherapy b. Initial Phase of Psychotherapy c. Middle Phase of Psychotherapy d. Terminal Phase of Psychotherapy	15
	II	Behavior Therapy a. History of Behavior Therapy and Behavior Theory of Personality.	25

		<ul style="list-style-type: none"> b. Theories of Behavior therapy c. Current Trends: EMDR, ACT and DBT and Group Behavior Therapy: Social Skills Training and Assertiveness Training d. Professional School Counseling and College Counseling 	
	III	Psychodrama and Creative Arts Therapies <ul style="list-style-type: none"> a. Psychodrama: Background, Theory of Personality, Theory of Psychotherapy b. Art Therapy c. Dance Movement Therapy d. Drama Therapy and Music Therapy 	25
	IV	Humanistic and Supportive Psychotherapy <ul style="list-style-type: none"> a. Person Centered Theory of Personality b. Person Centered Psychotherapy – goals, assessment, necessary conditions for client change, Client’s experience in Therapy and Motivational Interviewing c. Supportive Psychotherapy- Basic Principles, objectives and interventions d. Supportive Psychotherapy- Assessment and General Framework; Crisis Intervention 	25

Books for Study

1. Wolberg, L. R. (2005). *The Technique of Psychotherapy Part I and II*. NJ: Jason Aronson Inc.
2. Sharf, R. S. (2015). *Theories of psychotherapy & counseling: Concepts and cases*. Cengage Learning.
3. Corey, G. (2012). *Theory and Practice of Counseling and Psychotherapy*. California: Brooks/ Cole Publishing.
4. Kleinberg, J. (2012). *The Wiley Blackwell handbook of Group psychotherapy*. NY: Wiley Blackwell.
5. Yalom, I. D. (2005). *Theory and Practice of Group Psychotherapy*. NY: Basic Books.
6. John, C., Masters, J. C., Burish, T., Hollon, H.D., & Rimm, D. C. (1990). *Behavior Therapy: Techniques and Empirical Findings*. New York: Academic Press
7. Worden, J. W. (2018). *Grief counseling and grief therapy: A handbook for the mental health practitioner*. 4 edition. Springer publishing Company.

8. Briere, J. N., & Scott, C. (2014). *Principles of trauma therapy: A guide to symptoms, evaluation, and treatment (DSM-5 update)*. Sage Publications.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

**Course Title: RESEARCH METHODOLOGY AND PRACTICALS IN
PSYCHODIAGNOSTICS (I)**

RPAPSY104

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of differing quantitative research designs and statistical methods (Descriptive and Inferential)
CO 2	Develop the skills to administer, score and interpret the psychological tests
CO 3	Develop the skills to prepare a case-history and diagnose the psychological disorders

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY104	I	Quantitative Research and Experimental Designs in Psychotherapy a. Definition and nature of variables (Independent and Dependent variables) and Steps in Quantitative research	40

		<ul style="list-style-type: none"> b. Sampling Techniques: (Probability and Non-probability sampling) & Methods of data collection: Observational, Survey, Questionnaires, Interview, Case-study method and Psychometric tests c. Types of Experimental designs: Within subject, Between Subjects, Factorial design d. Correlational research 	
	II	<p>Descriptive and Inferential Statistics</p> <ul style="list-style-type: none"> a. Measures of central tendency and variability b. Correlation: Product moment, point biserial, phi biserial, tetrachoric, Spearman's correlation coefficient c. T-test, F test, MANOVA d. APA style of reporting 	40
	III	<p>Practicals in administering, scoring and interpretation of the tests with children</p> <ul style="list-style-type: none"> a. Intelligence test b. Personality tests c. Projective tests d. Rating Scales 	50
	IV	<p>Practicals in taking case-history and diagnosing the disorders</p> <ul style="list-style-type: none"> a. Interviewing children b. MSE c. Case-history writing d. Intervention plan 	50

Books for Study

- 1) Gravetter, F.J., &Forzana, L.A. (2015). Research methods for behavioural sciences (5 ed.) Stamford, CT: Wordsworth cengage learning.
- 2) Goodwin, C.J. (2002). Research in psychology: Methods and design (3rd ed.). New Jersey: John Wiley & Sons, Inc.
- 3) Gravetter, F.J., &Wallnau, L.B. (2002). Essentials of statistics for behavioural sciences (4th ed.). Pacific Grove, CA: Wadsworth/Thomson Learning

Evaluation:**Internal evaluation:** 40 marks

Class Test: 20 marks

Assignment: 20 marks (Case- study and intervention plan)

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3& 4 (Case based)	15
4	4& 4 (Viva)	15

Course Title: REBT: ENHANCING ADJUSTMENT AND WELL-BEING

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of REBT principles and techniques for enhancing overall adjustment and well-being
CO 2	Develop the skills to identify irrational beliefs that acts as a barrier for well being and replace them with a more rational beliefs and adaptive behavior
CO 3	Develop the skills to use rational thinking and behavioral practices for individual development, marital and family adjustment and adjustment to workplace

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (2 Credits/ 2 lectures per week)

	I	General Theory of REBT a. Theoretical Concepts b. ABCD of REBT c. Nature of Psychological disturbance d. Healthy Vs. Unhealthy negative emotions	15
	II	REBT for Individual Development a. Ego disturbance b. Self acceptance c. Dealing with anxiety and depression d. Dealing with Anger and stress	15

SEMESTER II

Course Title: PSYCHOPATHOLOGY (II)

RPAPSY201

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of an introduction to the classification system of mental disorders
CO 2	Develop the competence in critically evaluating the nature, factors, different theories and interventions for the various disorders during the Adolescent stage
CO 3	Enhancing the students' knowledge about the field of Clinical Psychology

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY201	I	Disorders of General Mood, Anxiety, Obsessive and Compulsive Related and Trauma-Stressor Related <ol style="list-style-type: none"> a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment 	21
	II	Sleep-Wake Disorders, Feeding and Eating Disorders <ol style="list-style-type: none"> a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment 	22
	III	Disruptive, Impulse Control, and Conduct Disorders, Substance Use and Addictive Disorders <ol style="list-style-type: none"> a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis e. Etiology and Treatment 	22
	IV	Neuro Science <ol style="list-style-type: none"> a. Neurophysiology b. Neurochemistry c. Important Types of Neurotransmissions d. Psychoneuroendocrinology 	25

Books to study:

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.)

Boland, R., Verduin, M., Ruiz, P., Shah, A., Kaplan, H., & Sadock, B. (2015) *Kaplan & Sadock's synopsis of psychiatry* (12th ed.). Walters Kluwer.

Books for references:

Barlow, D.H. & Durand, M.V. (2012). *Abnormal Psychology: An Integrative Approach*. Wadsworth Cengage Learning

Beidel, D.C., Bulik, C.M., & Stanley, M.A. (2012). *Abnormal Psychology*. New York: Prentice Hall/ Pearson Education.

Rosenweig, M. R & Leiman, et. al. (1999), *Biological Psychology: Introduction to Behavioural, Cognitive, Clinical Neuroscience*.

Sarason A, Sarason B. A. (2006). *Abnormal Psychology*, Pearson Education Publishing Co.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHODIAGNOSTICS (II)

RPAPSY202

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the process of collecting information from clients
CO 2	Enhancing the students' knowledge about various psychological tests used in the clinical field.
CO 3	Develop the competence of the students to use various psychological tests used in the clinical field.

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY202	I	Principles of psychological evaluation a. Ethical practice in assessment b. Tests c. Rating scales d. Test batteries.	20
	II	Assessment of development and ability a. Ravens' progressive matrices b. MISIC c. Assessment for learning disabilities d. Woodcock Johnson Test, WRAT test.	23
	III	Assessment of personality a. Objective tests of personality: MMPI all versions, MCMI, five factor tests. b. Projective techniques for children: Children's Apperception Test, Drawing as projection, c. Projective play, Sacks Sentence Completion Test d. HTP, DAP, other Projective methods.	22
	IV	Rating scales and test batteries a. Research rating scales, SCID, b. PANSS c. SAPS, SANS, d. PSE and other rating scales.	25

Books for Study

1. Bellack, A.S. and Hersen, M. (Ed.s) (1998) *Behavioral assessment A Practical Handbook* (4th ed.). MA: Allyn and Bacon.
2. Goldstein, G. and Hersen, M. (Ed.) (2000) *Handbook of Psychological Assessment* . (3rd ed). Oxford: Elsevier science.
3. Hersen, M. (2004). *Comprehensive Handbook of Psychological Assessment* (Vol. 4). Industrial and Organizational assessment. New York, NY: Wiley.

Books for reference

Manuals of various tests and scales covered.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHOTHERAPY (II)

RPAPSY203

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Enhancing the generic skills for psychotherapy
CO 2	Enhancing the students' knowledge for planning and conducting interventions for variety of mental health problems.
CO 3	Develop the competence of the students to plan and conduct interventions for variety of mental health problems

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY203	I	Psychoanalysis <ul style="list-style-type: none"> a. History of Psychoanalysis and Freud's Drive Theory b. Ego Psychology and Object Relations Psychology c. Kohut's Self Psychology and Relational Psychoanalysis d. Psychoanalytical approaches to Treatment 	24
	II	Jungian Analysis and Therapy <ul style="list-style-type: none"> a. History of Jungian Analysis and therapy b. Theory of Personality c. Jungian Analysis and Therapy d. Gender Issues and Multicultural Issues 	22
	III	Adlerian Therapy <ul style="list-style-type: none"> a. History b. Theory of Personality c. Theory and Counseling d. Group Counseling 	22
	IV	Gestalt Therapy <ul style="list-style-type: none"> a. History b. Theory of Personality c. Gestalt Psychotherapy d. Group Counseling 	22

Books for study:

1. Wolberg, L. R. (2005). *The Technique of Psychotherapy Part I and II*. NJ: Jason Aronson Inc.
2. Sharf, R. S. (2015). *Theories of psychotherapy & counseling: Concepts and cases*. Cengage Learning.
3. Corey, G. (2012). *Theory and Practice of Counseling and Psychotherapy*. California: Brooks/ Cole Publishing.

4. Kleinberg, J. (2012). *The Wiley Blackwell handbook of Group psychotherapy*. NY: Wiley Blackwell.
5. Yalom, I. D. (2005). *Theory and Practice of Group Psychotherapy*. NY: Basic Books.
6. John, C., Masters, J. C., Burish, T., Hollon, H.D., & Rimm, D. C. (1990). *Behavior Therapy: Techniques and Empirical Findings*. New York: Academic Press
7. Worden, J. W. (2018). *Grief counseling and grief therapy: A handbook for the mental health practitioner*. 4th edition. Springer publishing Company.
8. Briere, J. N., & Scott, C. (2014). *Principles of trauma therapy: A guide to symptoms, evaluation, and treatment (DSM-5 update)*. Sage Publications.

**Course Title: RESEARCH METHODOLOGY AND PRACTICALS IN
PSYCHODIAGNOSTICS (II)**

RPAPSY204

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of differing qualitative research designs and statistical methods
CO 2	Develop the skills to administer, score and interpret the psychological tests
CO 3	Develop the skills to prepare a case-history and diagnose the psychological disorders

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY204	I	Qualitative research methods <ol style="list-style-type: none"> a. Grounded Theory b. Narrative approach c. Ethnography d. Discourse analysis 	40
	II	Collection of qualitative data, Analysis, Interpretation and Reporting of Qualitative data <ol style="list-style-type: none"> a. Participant observation, Interviewing, Focus groups, Case studies b. Use of software like N Vivo c. Interpreting qualitative data d. Reporting qualitative data 	40
	III	Practicals in administering, scoring and interpreting the tests for adolescents <ol style="list-style-type: none"> a. Intelligence tests b. Personality tests c. Projective tests d. Rating Scales 	50
	IV	Practicals in taking case-history and diagnosing the disorders in adolescents <ol style="list-style-type: none"> a. Interview b. MSE c. Case-history writing d. Intervention plan 	50

Books for study:

- (1) Creswell, J.W., & Poth, C.N. (2017). Qualitative inquiry and research design: Choosing among five approaches. Los Angeles, CA: Sage.

(2) Ritchie, J., Lewis, J., McNaughton Nicholls, C., & Ormston, R. (2014). Qualitative research Practice: A guide for social science students and researchers (2nd ed.). New Delhi: Sage Publication Limited.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks (Case- study and intervention plan)

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3 & 4 (Case based)	15
4	4 & 4 (Viva)	15

Course Title: REBT: ENHANCING ADJUSTMENT AND WELL-BEING (II)

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of REBT principles and techniques for enhancing overall adjustment and well-being
CO 2	Develop the skills to identify irrational beliefs that acts as a barrier for well- being and replace them with a more rational beliefs and adaptive behavior

CO 3	Develop the skills to use rational thinking and behavioral practices for individual development, marital and family adjustment and adjustment to workplace
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SYLLABUS

COURSE CODE	UNIT	TOPIC	CREDITS/LECTURES (2 Credits/ 2 hours per week)
	1	REBT and Marital and Family adjustment a. Nature of disturbed Intimate relations b. Using REBT for couple dissatisfaction and sexual disturbances c. REBT and goals of Family d. Cognitive, Emotional and Behavioral Techniques for family adjustment	15
	2	REBT for Occupational well-being a. Workplace adjustment b. Burnout and Stress c. Workoholism d. Workplace Conflict	15

Resolution No.:AC/I(21-22).2(II).RPA1

S. P. Mandali's

RamnarinRuia Autonomous College

(Affiliated to University of Mumbai)



Syllabus for

Program: M.A.

Program Code: RPAPSY

(Choice Based Semester and Grading
System for academic year 2022–2023)

M.A. in CLINICAL PSYCHOLOGY

Part II

SEMESTER III

Course Title: PSYCHOPATHOLOGY (III)

RPAPSY301

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of an introduction to the classification system of mental disorders
CO 2	Develop the competence in critically evaluating the nature, factors, different theories and interventions for the various disorders during the Adulthood stage
CO 3	Enhancing the students' knowledge about the field of Clinical Psychology

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY301	I	Schizophrenia and other Psychotic Disorders a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	25
	II	Dissociative Disorders and Somatoform Disorders a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	20
	III	Sexual Dysfunctions, Paraphillic Disorders, Gender Dysphoria a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	20
	IV	Neuro Science: a. Immune System b. Central Nervous System	25

		c. Immune System and Central Nervous System Interaction d. Neurogenetics	
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Books for study:

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.)

Boland, R., Verduin, M., Ruiz, P., Shah, A., Kaplan, H., & Sadock, B. (2015) *Kaplan & Sadock's synopsis of psychiatry* (12th ed.). Walters Kluwer.

Books for references:

Barlow, D.H. & Durand, M.V. (2012). *Abnormal Psychology: An Integrative Approach*. Wadsworth Cengage Learning

Beidel, D.C., Bulik, C.M., & Stanley, M.A. (2012). *Abnormal Psychology*. New York: Prentice Hall/ Pearson Education.

Rosenweig, M. R & Leiman, et. al. (1999), *Biological Psychology: Introduction to Behavioural, Cognitive, Clinical Neuroscience*.

Sarason A, Sarason B. A. (2006). *Abnormal Psychology*, Pearson Education Publishing Co.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

RPAPSY302

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the process of collecting information from clients
CO 2	Enhancing the students' knowledge about various psychological tests used in the clinical field.
CO 3	Develop the competence to use various psychological tests used in the clinical field.

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY302	I	Assessment of Adults a. Clinical interview with adults b. Observation skills with adults c. Assessment skills for adults d. Challenges in Testing adult population	15
	II	Assessment of development and ability a. Adult cognitive assessment: WAIS all versions b. WAPIS c. WMS all versions d. Clinical interpretations of profiles scatter analysis	25
	III	Assessment of personality a. Projective tests of personality for adults: Rorschach inkblot method b. Thematic Apperception Test, other techniques. c. Test combinations d. Profile interpretation.	25

	IV	Rating scales and test batteries <ol style="list-style-type: none"> a. Neuropsychological batteries: NIMHANS battery b. AIIMS battery c. PGI battery d. Bender Gestalt Test 	25
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Books for Study

1. Bellack, A.S. and Hersen, M. (Ed.s) (1998) *Behavioral assessment A Practical Handbook* (4th ed.). MA: Allyn and Bacon.
2. Goldstein, G. and Hersen, M. (Ed.) (2000) *Handbook of Psychological Assessment* . (3rd ed). Oxford: Elsevier science.
3. Hersen, M. (2004). *Comprehensive Handbook of Psychological Assessment* (Vol. 4). Industrial and Organizational assessment. New York, NY: Wiley.

Books for reference

Manuals of various tests and scales covered.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHOTHERAPY (III)

RPAPSY303

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Students will be equipped with generic skills for psychotherapy
CO 2	Enhancing the students' knowledge for planning and conducting interventions for variety of mental health problems.
CO 3	Develop the competence of the students to for plan and conduct interventions for variety of mental health problems

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY303	I	Cognitive Therapy and REBT a. Cognitive therapy: History and Theory of Personality b. Theory of Cognitive Therapy c. REBT: History, theory of personality d. Rational Emotive Behaviour Theory of Psychotherapy	25
	II	Reality Therapy, Solution Focused Therapy and Narrative Therapy a. Reality Therapy: History, Choice theory b. Theory of Reality Therapy c. Solution Focused Therapy: views, assessment, goals and techniques d. Epston's and White's Narrative Therapy: Assessment, goals and techniques	20
	III	Family Therapy a. Bowen's Intergenerational approach b. Structural family therapy c. Strategic therapy d. Experiential, Humanistic Family Therapies, Integrative approaches, Current trends in family Therapy	20

	IV	Trauma Therapy <ol style="list-style-type: none"> a. What is trauma, types and its effects b. Assessment of trauma c. Clinical interventions – distress reduction and affect regulation d. Cognitive interventions and emotional processing 	25
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Books for study:

1. Wolberg, L. R. (2005). *The Technique of Psychotherapy Part I and II*. NJ: Jason Aronson Inc.
2. Sharf, R. S. (2015). *Theories of psychotherapy & counseling: Concepts and cases*. Cengage Learning.
3. Corey, G. (2012). *Theory and Practice of Counseling and Psychotherapy*. California: Brooks/ Cole Publishing.
4. Kleinberg, J. (2012). *The Wiley Blackwell handbook of Group psychotherapy*. NY: Wiley Blackwell.
5. Yalom, I. D. (2005). *Theory and Practice of Group Psychotherapy*. NY: Basic Books.
6. John, C., Masters, J. C., Burish, T., Hollon, H.D., & Rimm, D. C. (1990). *Behavior Therapy: Techniques and Empirical Findings*. New York: Academic Press
7. Worden, J. W. (2018). *Grief counseling and grief therapy: A handbook for the mental health practitioner*. 4th edition. Springer publishing Company.
8. Briere, J. N., & Scott, C. (2014). *Principles of trauma therapy: A guide to symptoms, evaluation, and treatment (DSM-5 update)*. Sage Publications.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

**Course Title: RESEARCH METHODOLOGY AND PRACTICALS IN
PSYCHODIAGNOSTICS (III)**

RPAPSY304

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Practical skill development of conceptualizing a research and preparing a research proposal
CO 2	To practically administer, score and interpret the psychological tests.
CO 3	Develop the skills of diagnostic formulation, planning, and execution of intervention plan for the cases.
CO 4	Develop the understanding of the important Laws related to Mental Health in India and other countries.

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY304	I	Planning a Research <ul style="list-style-type: none"> a. Introduction and Literature Review b. Variables c. Methodology d. Writing a proposal 	50
	II	Practicals in administering, scoring and interpretation of psychodiagnostic tests <ul style="list-style-type: none"> a. Intelligence tests b. Personality tests c. Projective Tests d. Rating scales 	50

	III	Practicals in taking case-history and diagnosing the disorders in Adult population a. Interview b. MSE c. Case-history writing d. Intervention plan	50
	IV	Mental Health Laws a. Mental Health Laws in India b. Mental Health Laws in USA c. Mental Health Laws in UK d. Evaluation of the Laws in Different countries	30

Books for Study

- 4) Gravetter, F.J., & Forzana, L.A. (2015). Research methods for behavioural sciences (5 ed.) Stamford, CT: Wordsworth cengage learning.
- 5) Goodwin, C.J. (2002). Research in psychology: Methods and design (3rd ed.). New Jersey: John Wiley & Sons, Inc.
- 6) Gravetter, F.J., & Wallnau, L.B. (2002). Essentials of statistics for behavioural sciences (4th ed.). Pacific Grove, CA: Wadsworth/Thomson Learning

Evaluation:

Internal evaluation: 40 marks

Research Proposal and Viva: 20 marks

Assignment: 20 marks (Case- study and intervention plan)

Semester end examination: 60 marks

Case-based evaluation	Marks
Diagnosis	15
Psychodiagnostics	15
Planning the therapy	15
Viva	15

SEMESTER IV

Course Title: PSYCHOPATHOLOGY (IV)

RPAPSY401

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of an introduction to the classification system of mental disorders
CO 2	Develop the competence in critically evaluating the nature, factors, different theories and interventions for the various disorders during the Middle and Late Adulthood stage
CO 3	Enhancing the students' knowledge about the field of Clinical Psychology

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
RPAPSY401	I	Neurocognitive Disorders: Delirium a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis	25

		d. Etiology and Treatment	
	II	Neurocognitive Disorders: Major and Minor Neurocognitive Disorders a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	20
	III	Other Conditions that May be a Focus of Clinical Attention a. DSM 5 criteria and Diagnosis b. Differential Diagnosis and Comorbidity c. Course and Prognosis d. Etiology and Treatment	20
	IV	Neuro Science a. Applied Electrophysiology b. Types of Electrophysiology c. Biological Rhythms and Homeostasis d. Chronobiology	25

Books for study

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.)

Boland, R., Verduin, M., Ruiz, P., Shah, A., Kaplan, H., & Sadock, B. (2015) *Kaplan & Sadock's synopsis of psychiatry* (12th ed.). Walters Kluwer.

Books for references:

Barlow, D.H. & Durand, M.V. (2012). *Abnormal Psychology: An Integrative Approach*. Wadsworth Cengage Learning

Beidel, D.C., Bulik, C.M., & Stanley, M.A. (2012). *Abnormal Psychology*. New York: Prentice Hall/ Pearson Education.

Rosenweig, M. R & Leiman, et. al. (1999), *Biological Psychology: Introduction to Behavioural, Cognitive, Clinical Neuroscience*.

Sarason A, Sarason B. A. (2006). *Abnormal Psychology*, Pearson Education Publishing Co.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHODIAGNOSTICS (IV)

RPAPSY402

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop an understanding of the students to the process of collecting information from clients
CO 2	Enhancing the students' knowledge about various psychological tests used in the clinical field.
CO 3	Develop the competence of the students to use various psychological tests used in the clinical field.

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 6 lectures per week)
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<p>RPAPSY402</p>	<p>I</p>	<p>Methods of investigating the brain:</p> <ul style="list-style-type: none"> a. Neurohistology Techniques; Golgi Stain, Nissl Stain, Other Staining Techniques. b. Radiologic Procedures; Skull X-Ray, Air Encephalography, Computed Transaxial Tomography, Angiography, Sodium Amytal Injections. c. Electrophysiologic Procedures; Electroencephalography, Evoked Potential, Electrical Stimulation, Electromyography. d. Imaging of Brain Metabolism; Single-Photon Emission Computed Tomography, Positron Emission Tomography. 	<p>25</p>
	<p>II</p>	<p>Methods of Investigating the Brain</p> <ul style="list-style-type: none"> a. Magnetic Imaging Procedures; Magnetic Resonance Imaging, Magnetoencephalography. b. Cerebrospinal Fluid Studies; Lumbar Puncture. c. Behavioral Examinations; Neurologic Examination, Neuropsychological Evaluation. d. New Advances in Imaging Techniques: Mapping the Brain; Subtraction Procedures, Image Analysis and Quantification (Three-Dimensional). 	<p>20</p>
	<p>III</p>	<p>Neuropsychological Assessment and Diagnosis:</p> <ul style="list-style-type: none"> a. General Considerations in Neuropsychological Testing b. Rationale of the Neuropsychological Examination, c. Appropriate Referrals for Neuropsychological Evaluation, d. Psychometric Issues in Neuropsychological Assessment: Reliability, Validity, False Positives and Base Rates 	<p>20</p>
	<p>IV</p>	<p>Neuropsychological Tests</p> <ul style="list-style-type: none"> a. Orientation (Arousal), Sensation and Perception, Attention/Concentration, Motor Skills, Verbal Functions/Language b. Visuospatial Organization, Memory, Judgment/Problem Solving, 	<p>25</p>

		<p>c. Neuropsychological Diagnosis, Describing Function, Adaptation, and Prognosis</p> <p>d. Interpreting Neuropsychological Assessment Data; Approaches to Neuropsychological Interpretation, Assessing Level of Performance, Deficit Measurement, Lateralizing Signs, Pathognomonic Signs.</p>	
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Books for study

1. Anderson, V., Jacobs, R. & Anderson, P. (2008). Executive Functions and the Frontal Lobes: A Lifespan Perspective. New York, NY: Psychology Press.
2. Carlson, N. (1999). Physiology of behaviour. Boston: Allyn& Bacon.
3. Jurado, M. B. & Rosselli, M. (2007). The Elusive Nature of Executive Functions: A Review of our Current Understanding. Neuropsychological Review, 17, 213–233.
4. Kolb B., & Whishaw I.Q. (2007). Fundamentals of human neuropsychology (6th ed). New York, NY: Worth Publishers.
5. Walsh, K. (1994). Neuropsychology: A clinical approach. ND: Churchill Livingstone
6. Zilmer, E. A. & Spears, M. V. (2001). Principals of neuropsychology. Canada: Wadsworth

Books for reference

1. Alvarez, J. A. & Emory, E. (2006). Executive Function and the Frontal Lobes: A Meta-Analytic Review. Neuropsychology Review, 6(1), 17-42.
2. Johnson, M. H. (1997). Developmental cognitive neuroscience. Blackwell Publishers.
3. Lezak, M. D. (1976). Neuropsychological assessment. New York, NY: OUP.
4. Pinel, J. P. J. (1997). Biopsychology. Boston: Allyn& Bacon.

Evaluation:

Internal evaluation: 40 marks

Class Test: 20 marks

Assignment: 20 marks

Semester end examination: 60 marks

QUESTION NO	UNIT	MARKS
1	1	15
2	2	15
3	3	15
4	4	15

Course Title: PSYCHOTHERAPY (IV)

RPAPSY403

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Students will be equipped with generic skills for psychotherapy
CO 2	Enhancing the students' knowledge for planning and conducting interventions for variety of mental health problems.
CO 3	Develop the competence of the students to for plan and conduct interventions for variety of mental health problems

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures
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			(6 Credits/ 6 lectures per week)
RPAPSY403	I	Existential Therapy <ul style="list-style-type: none"> a. History b. Existential Personality Theory c. Existential Psychotherapy d. Group Counselling and Psychotherapy 	25
	II	Grief counselling <ul style="list-style-type: none"> a. Introduction: attachment, loss and experience of grief b. Understanding the Mourning Process c. Mediators of Mourning Process d. Grief counselling: facilitating uncomplicated grief 	20
	III	Feminist Therapy and Interpersonal Psychotherapy <ul style="list-style-type: none"> a. Feminist Theories of Personality b. Theories of Feminist Therapy c. Using Feminist Therapy with other theories d. Interpersonal Psychotherapy- Background, Personality Theory, Goals and Techniques 	20
	IV	Integrative Therapies <ul style="list-style-type: none"> a. Watchtel's Cyclical Psychodynamics Theory b. Prochaska and Colleagues' Transtheoretical Approach c. Multimodal Therapy d. Current trends, gender issues and multicultural issues 	25

Books for study:

1. Wolberg, L. R. (2005). *The Technique of Psychotherapy Part I and II*. NJ: Jason Aronson Inc.
2. Sharf, R. S. (2015). *Theories of psychotherapy & counseling: Concepts and cases*. Cengage Learning.
3. Corey, G. (2012). *Theory and Practice of Counseling and Psychotherapy*. California: Brooks/ Cole Publishing.

4. Kleinberg, J. (2012). *The Wiley Blackwell handbook of Group psychotherapy*. NY: Wiley Blackwell.
5. Yalom, I. D. (2005). *Theory and Practice of Group Psychotherapy*. NY: Basic Books.
6. John, C., Masters, J. C., Burish, T., Hollon, H.D., & Rimm, D. C. (1990). *Behavior Therapy: Techniques and Empirical Findings*. New York: Academic Press
7. Worden, J. W. (2018). *Grief counseling and grief therapy: A handbook for the mental health practitioner*. 4th edition. Springer publishing Company.
8. Briere, J. N., & Scott, C. (2014). *Principles of trauma therapy: A guide to symptoms, evaluation, and treatment (DSM-5 update)*. Sage Publications.

**Course Title: PRACTICALS IN CLINICAL PRACTICE,
NEUROPSYCHOLOGICAL TESTING AND INTERVENTIONS**

RPAPSY404

Academic year 2022-23

COURSE OUTCOME	CO DESCRIPTION
CO 1	Develop the skill to conduct scientific research and prepare a report.
CO 2	To practically administer, score and interpret the psychological tests.
CO 3	Develop the skills of diagnostic formulation, planning, and execution of intervention plan for the cases.
CO 4	Develop an understanding of the Code of Conduct with respect to the profession of Clinical Psychology

SYLLABUS

Course Code	Unit	Topics	Credits/Lectures (6 Credits/ 12 lectures per week)
RPAPSY404	I	Code of Conduct a. APA b. IACP c. BACP	30
	II	Report Writing a. APA style of Writing b. Conducting a Research c. Analysis and Discussion d. Writing of Report	50
	III	Practicals in administration, scoring and interpretation of neuropsychological tests. a. Attention b. Memory c. Executive functioning d. Rating scales	50
	IV	Practicals in preparing case-history, diagnosis and intervention for geriatric population. a. Case-history b. Diagnostic formulation c. Planning of intervention d. Execution and Evaluation of intervention	50

Books for study:

Evaluation:

Internal evaluation: 40 marks

Dissertation and Viva: 20 marks

Assignment: 20 marks (Case- study and intervention plan)

Semester end examination: 60 marks

Case-based evaluation	Marks
Diagnosis	15
Psychodiagnostics	15
Planning the therapy	15
Viva	15