

Resolution number AC/II(20-21).2.RUA12

S. P. Mandali's
Ramnarain Ruia Autonomous College
(Affiliated to University of Mumbai)



Syllabus for

Program: B.A/B.Sc.

Program Code: Foundation Course (RUFC)

(Credit Based Semester and Grading
System for academic year 2020–2021)

PROGRAM OUTCOMES

PO	PO Description
	A student completing Bachelor's Degree in B.A. program will be able to:
PO 1	Demonstrate understanding and skills of application of knowledge of historical and contemporary issues in the social and linguistic settings with a transdisciplinary perspective to make an informed judgement.
PO 2	Analyse and evaluate theories of individual and social behaviour in the familiar contexts and extrapolate to unfamiliar contexts in order to resolve contemporary issues.
PO 3	Effectively and ethically use concepts, vocabularies, methods and modern technologies in human sciences to make meaningful contribution in creation of information and its effective dissemination
PO 4	Explore critical issues, ideas, phenomena and debates to define problems or to formulate hypotheses; as well as analyze evidences to formulate an opinion, identify strategies, evaluate outcomes, draw conclusions and/or develop and implement solutions.
PO 5	Demonstrate oral and written proficiency to analyse and synthesise information and apply a set of cognitive, affective, and behavioral skills to work individually and with diverse groups to foster personal growth and better appreciate the diverse social world in which we live.
PO 6	Develop a clear understanding of social institutional structures, systems, procedures, and policies existing across cultures, and interpret, compare and contrast ideas in diverse social- cultural contexts, to engage reasonably with diverse groups.
PO 7	React thoughtfully with emotional and moral competence to forms of expressive direct action and apply social strategies toward eradicating threats to a democratic society and a healthy planet.
PO 8	Articulate and apply values, principles, and ideals to the current societal challenges by integrating management and leadership skills to enhance the quality of life in the civic community through actions that enrich individual lives and benefit the community.
PO 9	Recognize and appreciate the diversity of human experience and thought, and apply intellect and creativity to contemporary scenario, to promote individual growth by practicing lifelong learning

PROGRAM SPECIFIC OUTCOMES

PSO	Description
	A student completing Bachelor's Degree in B.A. program in the subject of Foundation Course will be able to:
PSO 1	Understand and appreciate diversity in India with respect to various factors.
PSO 2	Gain a proper understanding of human values, rights and duties, and hence become rational and responsible citizens.
PSO 3	Become aware of the contemporary social issues and their related concerns.
PSO 4	Inculcate better linguistic, oratory and other soft skills as per the demands of the modern world.
PSO 5	Get equipped with the knowledge required to deal with daily life problems as well as emergencies.
PSO 6	Plan one's career goals in a realistic manner with better decision making, problem solving and time management.
PSO 7	Think critically and not fall prey to blind faith and superstitions.
PSO 8	Value mother nature and understand the different aspects of ecology.

PROGRAM OUTLINE

YEAR	SEM	COURSE CODE	COURSE TITLE	CREDITS
FYBA/BSc	I	RUFC101	FOUNDATION COURSE	2
FYBA/BSc	II	RUFC201	FOUNDATION COURSE	2
SYBA/BSc	III	RUFC301	FOUNDATION COURSE	2
SYBA/BSc	IV	RUFC401	FOUNDATION COURSE	2



Course Code: RUFC101
Course Title: FOUNDATION COURSE
Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	DESCRIPTION
CO 1	Get acquainted with multi-cultural diversity of Indian society and the characteristics of urban and rural population
CO 2	Comprehend the concept of disasters and how disasters can be managed and the role of disaster management agencies
CO 3	Understand the concept of marginalized groups and their rights and problems
CO 4	Apprehend the concept of minorities, their rights and related issues
CO 5	Imbibe important writing skills as well as soft skills
CO 6	Know the basics of Blog writing

DETAILED SYLLABUS
SEMESTER I

Course Code/ Unit	Unit	Course/ Unit Title	Credits/ Lectures
RUFC101	I - IV	FOUNDATION COURSE	2
	I	Overview of Indian Society	11
		a. Understanding Multi-cultural diversity of Indian society through its demographic composition: population distribution according to religion, caste and gender b. The concept of linguistic diversity in Indian context c. Regional variations – rural, urban and tribal characteristics	
	II	Rights of vulnerable groups	12

		<p>a. Minorities: Religious and linguistic minorities: Rights, Issues and Safeguards</p> <p>b. Scheduled Castes: Rights, Violations, Safeguards and Social Inclusion</p> <p>c. Scheduled Tribes: Rights, Displacement related issues and Safeguards</p>	
	III	Disaster management	11
		<p>a. Disaster management – concept, types and general effects on Human life</p> <p>b. Dealing with disasters and role of disaster management agencies</p> <p>c. Human Rights issues in addressing disasters – compensation, equitable and fair distribution of relief, resettlement and rehabilitation</p>	
	IV	Writing skills – I	11
		<p>a. Business Letter/Email Writing - Job Application with CV, Statement of Purpose and Request for a Recommendation letter, Formal Email Writing</p> <p>b. Report Writing - Newspaper Report, Eyewitness Report, Activity Report</p> <p>c. Blog Writing – Food blog, Travel blog, fashion blog</p>	

References:

- Ahuja, Ram, Social Problems in India, Rawat Publications, Paperback, 3rd Ed., 2014.
- Baron, R. A., & Kalsher, M. J., Psychology: From Science to Practice, Pearson Education inc., Allyn and Bacon, 2nd Ed., 2008.
- Bhatnagar Mamta and Bhatnagar Nitin, Effective Communication and Soft Skills, Pearson India, New Delhi, 2011.
- Biju, M.R., Human Rights in a Developing Society, Mittal Publications, New Delhi, 2005.

- Goel, S.L., Encyclopedia of Disaster Management, Vol. I, II & III; Deep and Deep Publications Pvt. Ltd., New Delhi, 2006.
- Lahey, B.B., Psychology: A Introduction, McGraw Hill Publications, New York, 2007.
- Motilal, Shashi, and Nanda, Bijoy Lakshmi, Human Rights: Gender and Environment, Allied Publishers, New Delhi, 2007.
- Murthy, D. B. N., Disaster Management: Text and Case Studies, Deep and Deep Publications, New Delhi, 2013.
- Parsuraman, S., and Unnikrishnan, ed., India Disasters Report II, Oxford, New Delhi, 2013
- Rajawat, M. Human Rights and Dalits, Anmol Publications, New Delhi, 2005.
- Reza, B. K., Disaster Management, Global Publications, New Delhi, 2010.
- Shivananda, J, Human Rights, Alfa Publications, New Delhi, 2006
- Teltumbde, Anand, Globalization and the Dalits, Sanket Prakashan, Nagpur, 2001
- Thorat, Sukhdeo, Dalits in India: Search for a Common Destiny, Sage Publications, New Delhi, 2009

Modality of Assessment

Theory Examination Pattern:

A) Internal Assessment- 40%- 40 Marks

Sr No	Evaluation type	Marks
1	One Assignment/Project based on Unit – 4	20
2	One class Test on Unit – I	20
	TOTAL	40

B) External Examination- 60%- 60 Marks Semester End Theory Examination:

Duration - These examinations shall be of **2 hours** duration.

Paper Pattern:

- There shall be **4** questions each of **15** marks. On each unit there will be one question with internal choice Q. 1 to 3 and Q.4 will be Short notes on all three units.
- All questions shall be compulsory with internal choice within the questions.

Paper Pattern:

Question	Options	Marks	Questions Based on
Q.1)	Any 1 out of 2	15	Unit I
Q.2)	Any 1 out of 2	15	Unit II
Q.3)	Any 1 out of 2	15	Unit III
Q.4)	Write notes on - Any 2 out of 3	15	Unit I to III
	TOTAL	60	

Course Code: RUFC201
Course Title: Foundation course
Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	DESCRIPTION
CO 1	Understand the meaning of value education and importance of human values
CO 2	Appreciate the spirit of patriotism and national integration
CO 3	Understand the concept of stress, conflicts and their types and reasons
CO 4	Learn some of the techniques of managing stress and conflicts in life
CO 5	Imbibe some important writing skills as well as soft skills
CO 6	Get acquainted with some of the contemporary rights like right to city, right to development and the rights of the working classes

DETAILED SYLLABUS
Semester II

Course Code/ Unit	Unit	Course/ Unit Title	Credits/ Lectures
RUFC201	I - IV	FOUNDATION COURSE	2
	I	Value Education, Human values and National integration	11
		a. Value Education – Meaning, Need and Importance b. Human Values – Equality, Tolerance, Secularism and Justice c. Spirit of Patriotism and National Integration	
	II	Contemporary rights – I	12
		a. Right to the City – Meaning, Evolution in India and other countries, Issues b. Right to Development - Evolution, Issues and scenario in India	

		c. Rights of the Working class and their movements in India	
	III	Stress and conflict management	11
		a. Meaning, Types and causes of stress and conflicts b. Coping with stress and conflicts c. Stress management mechanisms – Yoga and other meditation techniques	
	IV	Soft skills development – I	11
		a. Presentation Skills b. Group discussions c. Personal Interview (Preparing Interview monologue)	

References:

- Ahuja, Ram, *Social Problems in India*, Rawat Publications, Paperback, 3rd Ed., 2014.
- Baron, R. A., & Kalsher, M. J., *Psychology: From Science to Practice*, Pearson Education inc., Allyn and Bacon, 2nd Ed., 2008.
- Bhatnagar Mamta and Bhatnagar Nitin, *Effective Communication and Soft Skills*, Pearson India, New Delhi, 2011.
- Biju, M.R., *Human Rights in a Developing Society*, Mittal Publications, New Delhi, 2005.
- Goel, S.L., *Encyclopedia of Disaster Management*, Vol. I, II & III; Deep and Deep Publications Pvt. Ltd., New Delhi, 2006.
- Lahey, B.B., *Psychology: A Introduction*, McGraw Hill Publications, New York, 2007.
- Motilal, Shashi, and Nanda, Bijoy Lakshmi, *Human Rights: Gender and Environment*, Allied Publishers, New Delhi, 2007.
- Murthy, D. B. N., *Disaster Management: Text and Case Studies*, Deep and Deep Publications, New Delhi, 2013.
- Parsuraman, S., and Unnikrishnan, ed., *India Disasters Report II*, Oxford, New Delhi, 2013
- Rajawat, M. *Human Rights and Dalits*, Anmol Publications, New Delhi, 2005.
- Reza, B. K., *Disaster Management*, Global Publications, New Delhi, 2010.
- Shivananda, J, *Human Rights*, Alfa Publications, New Delhi, 2006
- Teltumbde, Anand, *Globalization and the Dalits*, Sanket Prakashan, Nagpur, 2001
- Thorat, Sukhdeo, *Dalits in India: Search for a Common Destiny*, Sage Publications, New Delhi, 2009

Modality of Assessment

Theory Examination Pattern:

A) Internal Assessment- 40%- 40 Marks

Sr No	Evaluation type	Marks
1	One Assignment/Project based on Unit – 4	20
2	One class Test on Unit – I	20
	TOTAL	40

B) External Examination- 60%- 60 Marks

Semester End Theory Examination:

Duration - These examinations shall be of **2 hours** duration.

Paper Pattern:

1. There shall be **4** questions each of **15** marks. On each unit there will be one question with internal choice Q. 1 to 3 and Q.4 will be Short notes on all three units.
2. All questions shall be compulsory with internal choice within the questions.

Paper Pattern:

Question	Options	Marks	Questions Based on
Q.1)	Any 1 out of 2	15	Unit I
Q.2)	Any 1 out of 2	15	Unit II
Q.3)	Any 1 out of 2	15	Unit III
Q.4)	Write notes on - Any 2 out of 3	15	Unit I to III
	TOTAL	60	



Course Code: RUFC301
Course Title: FOUNDATION COURSE
Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	DESCRIPTION
CO 1	Develop a basic understanding about contemporary issues related to refugees, migrants, women and the LGBTQ group.
CO 2	Acquaint students with contemporary rights like consumer rights, children's and citizens' rights.
CO 4	Understand the importance of goal setting, time management and decision making in terms of career planning.
CO 5	Equip students with the important writing skills as well as soft skills.
CO 6	Prepare students with the basic presentation skills as well as introduce them with group discussion and personal interview method

DETAILED SYLLABUS
SEMESTER III

Course Code/ Unit	Unit	Course/ Unit Title	Credits/ Lectures
RUFC301	I - IV	FOUNDATION COURSE	2
	I	Contemporary Issues	11
		a. Migrants and Refugees - Problems in Indian context b. Women - Sexual harassment at work place, Menstrual leave c. LGBTQ - Concept, Evolution, Debates in India	
	II	Rights	12
		a. Rights of Children – Constitutional Safeguards and Right to Education in India b. Consumer Rights - Evolution, Consumer Protection Acts, Issues	

		c. Citizens' Rights – Public Interest Litigation, Citizen's Charter	
	III	Career Planning	11
		a. Decision making and Problem solving b. Time management and Realistic goal setting c. Understanding Organizations	
	IV	Writing Skills – II	11
		a. Writing a Research Paper based on Current issues/ Case studies b. Writing a Book Review/film review c. Formally citing the research papers	

References:

- Alec Fisher, Critical Thinking, Cambridge University Press, 2001
- Asthana, D. K., and Asthana, Meera, Environmental Problems and Solutions, S. Chand, New Delhi, 2012.
- Bajpai, Asha, Child Rights in India, Oxford University Press, New Delhi, 2003.
- Bhatnagar Mamta and Bhatnagar Nitin, Effective Communication and Soft Skills, Pearson India, New Delhi, 2011.
- Biju, M.R., Human Rights in a Developing Society, Mittal Publications, New Delhi, 2005.
- Covey, Stephen, 7 Habits of Highly Effective People, Free Press, 2004.
- Iyer, Prakash, The Habit of Winning, Penguin, India, 2011.
- Kaushal, Rachana, Women and Human Rights in India, Kaveri Books, New Delhi, 2000.
- Mohapatra, Gaur Krishna Das, Environmental Ecology, Vikas, Noida, 2008.
- Naib, Sudhir, The Right to Information Act, 2005: A Handbook, OUP, New Delhi, 2011
- Sen, Madhucchanda, An Introduction to Critical Thinking, Pearson, New Delhi, 2010.
- Sharma, P.D., Ecology and Environment, Rastogi Publications, 2015.
- Shiva, Vandana, Ecology and the Politics of Survival: Conflict over Natural Resources in India, Sage Publications, California, 1991.

- William Hughes and Jonathan Lavery, Critical thinking: An introduction to the basic skills, Broadview Press, 2016

Modality of Assessment

Theory Examination Pattern:

A) Internal Assessment- 40%- 40 Marks

Sr No	Evaluation type	Marks
1	One Assignment/Project based on Unit – 4	20
2	One class Test on Unit – I	20
	TOTAL	40

B) External Examination- 60%- 60 Marks Semester End Theory Examination:

Duration - These examinations shall be of **2 hours** duration.

Paper Pattern:

1. There shall be **4** questions each of **15** marks. On each unit there will be one question with internal choice Q. 1 to 3 and Q.4 will be Short notes on all three units.
2. All questions shall be compulsory with internal choice within the questions.

Paper Pattern:

Question	Options	Marks	Questions Based on
Q.1)	Any 1 out of 2	15	Unit I
Q.2)	Any 1 out of 2	15	Unit II
Q.3)	Any 1 out of 2	15	Unit III
Q.4)	Write notes on - Any 2 out of 3	15	Unit I to III
	TOTAL	60	

Course Code: RUFC401
Course Title: FOUNDATION COURSE
Academic year 2020-21

COURSE OUTCOMES:

COURSE OUTCOME	DESCRIPTION
CO 1	Understand different approaches to ecology and the principles associated with it
CO 2	Create awareness about contemporary rights like right to information, intellectual property rights and right to privacy and related issues
CO 3	Learn the concepts of critical and lateral thinking and their importance
CO 4	Appreciate the concept of emotional quotient and its components
CO 5	Imbibe some important writing skills as well as soft skills.
CO 6	Get acquainted with the methods of group discussion and personal interview

DETAILED SYLLABUS
SEMESTER IV

Course Code/ Unit	Unit	Course/ Unit Title	Credits/ Lectures
RUFC401	I - IV	FOUNDATION COURSE	2
	I	Approaches to Ecology	11
		a. Understanding biodiversity and different approaches to ecology b. Environment protection and conservation movements c. Environmental Principles – Sustainability principle, Polluter Pays principle, The Precautionary principle, The Equity principle	
	II	Contemporary rights – II	12
		a. Right to Information – Origin, Evolution and Critical evaluation b. Intellectual Property Rights - Concept and definition, Laws in India and Critical Evaluation	



		c. Right to Privacy - Concept and definition, Evolution in India, Problems and Challenges	
	III	Critical and lateral thinking	11
		a. Defining critical thinking and lateral thinking b. Importance of critical and lateral thinking c. Blind Faith, Superstitions – Hindrances to Critical thinking	
	IV	Soft skills development – II	11
		a. Listening Skills b. Personality Development c. Understanding One's Emotional Quotient	

References:

- Alec Fisher, Critical Thinking, Cambridge University Press, 2001
- Asthana, D. K., and Asthana, Meera, Environmental Problems and Solutions, S. Chand, New Delhi, 2012.
- Bajpai, Asha, Child Rights in India, Oxford University Press, New Delhi, 2003.
- Bhatnagar Mamta and Bhatnagar Nitin, Effective Communication and Soft Skills, Pearson India, New Delhi, 2011.
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- Kaushal, Rachana, Women and Human Rights in India, Kaveri Books, New Delhi, 2000.
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- Naib, Sudhir, The Right to Information Act, 2005: A Handbook, OUP, New Delhi, 2011
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- Shiva, Vandana, Ecology and the Politics of Survival: Conflict over Natural Resources in India, Sage Publications, California, 1991.

Modality of Assessment

Theory Examination Pattern:

A) Internal Assessment- 40%- 40 Marks

Sr No	Evaluation type	Marks
1	One Assignment/Project based on Unit – 4	20
2	One class Test on Unit – I	20
	TOTAL	40

B) External Examination- 60%- 60 Marks Semester End Theory Examination:

Duration - These examinations shall be of **2 hours** duration.

Paper Pattern:

- There shall be **4** questions each of **15** marks. On each unit there will be one question with internal choice Q. 1 to 3 and Q.4 will be Short notes on all three units.
- All questions shall be compulsory with internal choice within the questions.

Paper Pattern:

Question	Options	Marks	Questions Based on
Q.1)	Any 1 out of 2	15	Unit I
Q.2)	Any 1 out of 2	15	Unit II
Q.3)	Any 1 out of 2	15	Unit III
Q.4)	Write notes on - Any 2 out of 3	15	Unit I to III
	TOTAL	60	
